

Company: CHENNAI RUNNERS	Date: 09.01.2023
Publication: THE HINDU	
Edition:	Page: 16



Moment to cherish: Vinod and Kimitwai receive their winner's cheques from V.P. Senthil, race director, and Shailendra Babu, DGP. SPECIAL ARRANGEMENT

Vinod and Kimitwai run away with the honours

Vinod Kumar Srinivasan from Coimbatore and Brigid Jerend Kimitwai from Kenya won the men's and women's full marathon respectively at the 11th edition of the Chennai Marathon here on Sunday.

Other results (winners only):

Men: Perfect 20 Miler: G. Jose (2:04:54); **Half Marathon:** Monu Kumar (1:16:09). **10kms:** Adesh Yadav (00:32:18).

Women: Perfect 20 Miler: Tim Sharma (2:31:25). **Half Marathon:** Vrushali Uttekar (1:35:59). **10 kms:** T. Kasthuri (00:48:30).

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Fun run



On the move: Over 20,000 people participated in the Freshworks Chennai Marathon 2023, powered by Chennai Runners, on Sunday. R. RAGU

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Date: 09.01.2023

Publication: TIMES OF INDIA

Edition:

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RUNNING ALL OVER A BRIDGE

BA Raju



WELL-LIT: Napier Bridge was packed on Sunday with participants of the the Chennai Marathon 2023, powered by Chennai Runners Full. (Short of cash, diabetic veggie seller skips marathon - P4)

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Kumar, Kimitwai win titles at Chennai Marathon: Coimbatore's Vinod Kumar Srinivasan and Kenya's Brigid Kimitwai won the men's and women's full marathon respectively in the 11th Chennai Marathon 2023 on Sunday. Srinivasan finished the race in a time of 02:37:28 to take the top prize and he was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places. AGENCIES

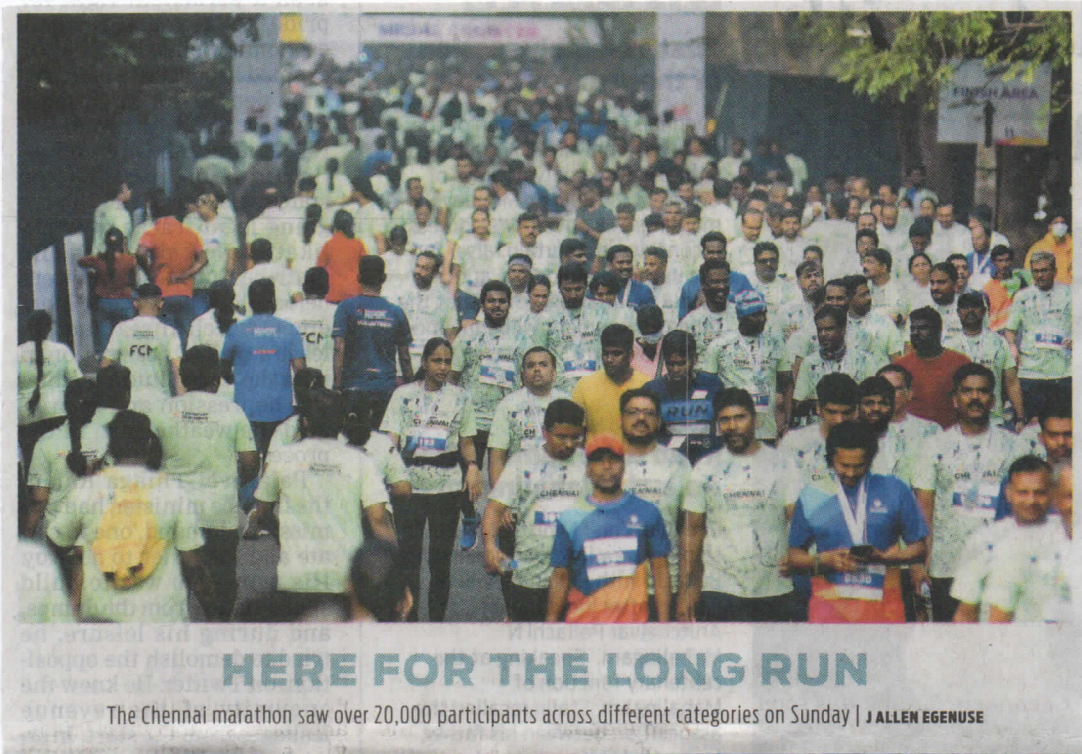
Company: CHENNAI RUNNERS

Date: 09.01.2023

Publication: THE NEW INDIAN EXPRESS

Edition:

Page: 05





More than 20,000 participants ran in the 11th Freshworks Chennai marathon on Sunday morning with Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya winning the men's and women's full marathon, respectively.
— E.K. Sanjay

CHENNAI MARATHON

Vinod Kumar, Kenya's Kimitwai win titles

Chennai, Jan. 8: Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively in the 11th Freshworks Chennai Marathon 2023 here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to take the top prize and he was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places.

After the win, Srinivasan said, "this is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came 4th. In 2019 I came in 2nd place. In 2020 I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonoor at high altitude prior to coming here to participate."

In the women's event, Brigid Jerend Kimitwai

won with a time of 03:31:36 while Sandya Shanker took the second place (03:33:57) and was followed by Mamta Rawat (03:53:41).

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week. The weather was pleasant and the run was enjoyable. I hope to come next year too," Kimitwai said after her win.

The marathon powered by Chennai Runners saw over 20,000 runners participating across categories.

The 11th edition of the marathon saw several firsts including, over 20,000 runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events for men and women including, a Full Marathon (42.195 km) - the flagship race of the event, the Perfect 20 Miler (32.186 km), the Half Marathon (21.097 km) and the 10 km Run.

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Vinod, Kimitwai win titles

► Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively in the 11th Freshworks Chennai Marathon 2023 on Sunday, reports PTI from Chennai.

Srinivasan finished the race in a time of 02:37:28 to take the top prize and he was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places.

In the women's event, Brigid Jerend Kimitwai won with a time of 03:31:36 while Sandya Shanker took the second place (03:33:57) and was followed by Mamta Rawat (03:53:41).

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Date: 09.01.2023

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Edition:

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Over 20,000 runners take part in Chennai marathon

CHENNAI: More than 20,000 runners participated in the 11th edition of Chennai marathon held by Chennai Runners here on Sunday. For the full marathon in male category, Vinod Kumar Srinivasan from Coimbatore won the first place. Kenyan runner Brigid Jerend Kimitwai won in the female category. The marathon also had 30 debutant runners with visual disability, 50 blade runners and 50 wheelchair users. Additionally, there were professional runners, passionate runners, groups from various corporates in Chennai and people participating in the marathon for the first time. This is the largest running event to be held in Chennai and the second largest in the country.



சென்னை நேப்பியர் பாலம் அருகே முழு மாரத்தான் போட்டியில் பங்கேற்றவர்களை படத்தில் காணலாம்.

சென்னையில்

20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் போட்டி

4 பிரிவுகளாக நடைபெற்றது

சென்னை, ஜன.9- சென்னையில் 20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் போட்டி நடைபெற்றது. 4 பிரிவுகளாக நடைபெற்றது.

மாரத்தான் போட்டி

சென்னை ரன்னர்ஸ் அமைப்பு சார்பில், நீரிழிவு நோய் குறித்த விழிப்புணர்வு மாரத்தான் போட்டி சென்னையில் நேற்று நடைபெற்றது. இருபாலருக்கான இந்த போட்டியில் முழு மாரத்தான் (42.195 கிலோ மீட்டர்), 'பெர்பெக்ட்' மாரத்தான் (32.186 கிலோ மீட்டர்), அரை மாரத்தான் (21.097 கிலோ மீட்டர்) மற்றும் 10 கிலோ மீட்டர் ஓட்டம் என 4 பிரிவுகளில் நடைபெற்றது.

பெசன்ட் நகர் ஆல்கார்ட் பள்ளி அருகில் தொடங்கப்பட்ட அரை மாரத்தான் போட்டியை அதிகாலை 5 மணிக்கு மக்கள் நல்வாழ்வுத் துறை அமைச்சர் மா.சுப்பிரமணியன் தொடங்கிவைத்தார். இதில் தமிழ்நாடு போலீஸ் டி.ஜி.பி. சைலேந்திர பாபு, இந்திய ஆக்கிமுன்னாள் வீரர் பாஸ்கரன் உள்பட ஏராளமானோர் கலந்து கொண்டனர். அரை மாரத்தான் போட்டியில் தகவல் தொழில்நுட்பத் துறை அமைச்சர் மனோ தங்கராஜ் கலந்து கொண்டு ஓடினார்.

முன்னதாக சென்னை நேப்பியர் பாலத்தில் தொடங்கப்பட்ட முழு மாரத்தான் மற்றும் 'பெர்பெக்ட்' மாரத்

தான் போட்டிகளை அதிகாலை 4 மணிக்கு ஓய்வுபெற்ற டி.ஜி.பி. ஜெயந்த் முரளி தொடங்கி வைத்தார். நேப்பியர் பாலம் மற்றும் பெசன்ட் நகரில் தொடங்கி வைக்கப்பட்ட இந்த மாரத்தான் போட்டிகள் காமராஜர் சாலை, சாந்தோம் நெடுஞ் சாலை, சர்தார் பட்டேல் சாலை, ஓ.எம்.ஆர். சாலை, இ.சி.ஆர். சாலை வழியாக கடல்சார் பல்கலைக்கழகம் அருகே நிறைவடைந்தது. 10 கிலோ மீட்டர் தூர ஓட்டம் மட்டும் நேப்பியர் பாலத்தில் இருந்து தரமணி வரை நடைபெற்றது.

20 ஆயிரம் பேர் பங்கேற்பு

சென்னையில் 4 பிரிவுகளாக நடைபெற்ற இந்த மாரத்தானில் மொத்தம் 20 ஆயிரம் பேர் பங்கேற்றனர். இதில் ஆண்களுக்கான முழு மாரத்தானில் கோவையை சேர்ந்த வினோத் குமார் முதல் பரிசாக ரூ.1 லட்சத்தை தட்டிச் சென்றார். 2-வது பரிசை கயன் பாபுவும், 3-வது பரிசை ஜெகதீசன் முனுசாமியும் பெற்றனர்.

இதன் பெண்கள் பிரிவில் கென்யா நாட்டை சேர்ந்த பிரிகிட் ஜெரெண்ட் கிமிட்வாய் முதல் பரிசாக ரூ.1 லட்சத்தை பெற்றார். 2-வது பரிசை சந்தியா சங்கரும், 3-வது பரிசை மம்தா ரவாட்டும் பெற்றனர்.

ஆண்களுக்கான 'பெர்பெக்ட்' மாரத்தானில் ஜி.ஜோஸ் முதலிடத்தை

பிடித்தார். அவருக்கு ரூ.70 ஆயிரம் பரிசாக கிடைத்தது. 2-வது இடத்தை வெங்கடேஷ் பழனிசாமி யும், 3-வது இடத்தை சுபம் தீட்சி த்தும் பிடித்தனர்.

இதன் பெண்கள் பிரிவில் டிம் டிம் ஷர்மா, முதல் பரிசாக ரூ.70 ஆயிரத்தை தனதாக் கினார். 2-வது பரிசை வினயா மலுசரேயும், 3-வது பரிசை ரமாரஞ்சனியும் பெற்றனர்.

மொத்தம் ரூ.20 லட்சம் பரிசு

ஆண்களுக்கான அரை மாரத்தானில் மோனுகுமார், முதல் இடத்தை பிடித்து ரூ.60 ஆயிரத்தை பரிசாக பெற்றார். 2-வது பரிசை பி.மல்லிகார் ஜுனாவும், 3-வது பரிசை அசோகன் சண்முகமும் பெற்றனர். பெண்கள் பிரிவில் விருஷாலி உட்டேகர் முதல் பரிசான ரூ.60 ஆயிரத்தையும், 2-வது பரிசை ஜெ.ஜெகதிஷ்வரியும், 3-வது பரிசை தரணி திவ்யா பழனிசாமியும் பெற்றனர்.

ஆண்களுக்கான 10 கிலோ மீட்டர் ஓட்டத்தில் ஆதேஷ்யாதவ் முதல் இடம் பிடித்து, ரூ.40 ஆயிரம் பரிசை பெற்றார். அடுத்த இரு இடங்களை முறையே ரோகித் ரானாவும், சிவா சஞ்சய்யும் பெற்றனர். இதன் பெண்கள் பிரிவில் டி.கஸ்தூரி முதலிடம் பிடித்து ரூ.40 ஆயிரம் பரிசு பெற்றார். 2-வது, 3-வது இடங்களை முறையே தயானா பாஸ்கரனும், பாலா அபிராமியும் பெற்றனர்.

இந்த ஓட்டப்பந்தயங்களில் இளைஞர்கள் முதல் முதியவர்கள் வரை ஆர்வமுடன் பங்கேற்றனர். மாற்றுத்திறனாளிகளுக்கான வில்சேர் ஓட்டப்பந்தயமும் இடம் பெற்றது. 4 பிரிவுகளிலும் மொத்த பரிசுத் தொகையாக ரூ.20 லட்சம் வழங்கப்பட்டது குறிப்பிடத்தக்கது.

போக்குவரத்து பாதிப்பு

இந்த மாரத்தான் போட்டியால் பழைய மாமல்லபுரம் சாலை மற்றும் சோழிங்கநல்லூர் பகுதியில் கடுமையான போக்குவரத்து பாதிப்பு ஏற்பட்டது. சுமார் 1 கி.மீ. தூரத்துக்கு வாகனங்கள் அணிவகுத்து நின்றன.

மேடவாக்கம்-சோழிங்கநல்லூர் இணைப்பு செம்மொழி சாலை பகுதியில் ஒரு சாலையில் வாகனங்கள் நிறுத்தப்பட்டு பள்ளிக்கரணை-ரேடியல் சாலை வழியாக திருப்பி விடப்பட்டது.

அதேபோல் ஓ.எம்.ஆர். சாலையில் இருந்து இ.சி.ஆர். சாலைக்கு செல்லக்கூடிய கே.கே.சாலையில் வாகனங்களை இயக்காமல் சோழிங்கநல்லூர் ஆவின் பகுதி சிக்னலில் திருப்பி விடப்பட்டது.

சென்னை 'மாரத்தான்' ஓட்டம்

கோவை வீரர் முதலிடம்



■ சென்னையில் சர்க்கரை நோய் விழிப்புணர்வு மாரத்தான் நடந்தது. இடம்: தரமணி.

சென்னை, ஜன. 9- சென்னை மாரத்தான் ஓட்டத்தில், கோவையை சேர்ந்த வினோத் குமார் ஸ்ரீனிவாசன் முதலிடம் பிடித்தார்.

சென்னையில், 11வது மாரத்தான் ஓட்டம் நேற்று நடந்தது. இதில், முழு மாரத்தான் (42.195 கி.மீ.), 'தி பெர்பெக்ட் 20

மைலர்' (32.186 கி.மீ.), பாதி மாரத்தான் (21.097 கி.மீ.), 10 கி.மீ., 'ரன்' என நான்கு பிரிவுகளில், மொத்தம் 20 ஆயிரத்திற்கு மேற்பட்டோர் பங்கேற்றனர். தவிர, 30 பார்வையற்றோர், 50 'பிளேடு ரன்னர்', 50 'வீல்சேர்' நட்சத்திரங்கள் பங்கேற்றனர். ஆண்கள் பிரிவில்,

பந்தய தூரத்தை 2 மணி நேரம், 37 நிமிடம், 28 வினாடியில் கடந்த கோயம் புத்தூரின் வினோத் குமார் ஸ்ரீனிவாசன் முதலிடத்தை கைப்பற்றினார். அடுத்த இரு இடங்களை முறையே கியான் பாபு (2 மணி நேரம், 48 நிமிடம், 46 வினாடி), ஜெகதீசன் முனுசாமி (2 மணி நேரம், 57 நிமிடம், 39 வினாடி) பிடித்தனர்.

இதுகுறித்து ஸ்ரீனிவாசன் கூறுகையில், "ஐந்தாவது முறையாக சென்னை மாரத்தானில் பங்கேற்றேன். 2018ல் 4வது, 2019ல் 2வது, 2020ல் 3வது இடம் பிடித்த நான், இம்முறை முதலிடங்கைப் பற்றியதில் மகிழ்ச்சி," என்றார்.

பெண்கள் பிரிவில், இலக்கை 3 மணி நேரம், 31 நிமிடம், 36 வினாடியில் கடந்த கென்யாவின் பிரிஜித் ஜெரண்ட் கிமிட்வாய் முதலிடம் பிடித்தார். அடுத்த இரு இடங்களை இந்தியாவின் சந்தியா சங்கர் (3 நிமிடம், 33 நிமிடம், 57 வினாடி), மம்தா ரவாத் (3 மணி நேரம், 53 நிமிடம், 41 வினாடி) பெற்றனர்.

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Date: 09.01.2023

Publication: DINA MANI

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சென்னை மாரத்தான்: வினோக்குமார் முதலிடம்

சென்னை, ஜன. 8: சென்னையில் ஞாயிற்றுக்கிழமை நடைபெற்ற 11-ஆவது ஃப்ரெஷ்வொர்க்ஸ் சென்னை மாரத்தான் போட்டியில் கோவை வீரர் வினோக்குமார் ஸ்ரீனிவாசன், கென்யா வீரர்களை பிரிகித் ஜெரெண்ட் கிமித்வாய் ஆகியோர் சாம்பியன் பட்டம் வென்றனர்.

42 கி.மீ. தூர பந்தய இலக்கை ஆடவர் பிரிவில் வினோக்குமார் 2 மணி 37.28 நிமிஷங்களிலும், மகளிர் பிரிவில் பிரிகித் 3 மணி 31.36 நிமிஷங்களிலும் அடைந்து முதலிடம் பிடித்தனர். அவர்களுக்கான பரிசை தமிழக காவல் துறை டிஜிபி சைலேந்திர பாபு



வழங்கினார்.

இப்போட்டியில், 20 மைல், அரை மாரத்தான், 10 மைல் என மேலும் 3 பிரிவுகளிலும் பந்தயங்கள் நடத்தப்பட்டன. மொத்தமாக இந்தப் பந்தயங்களில் 20,000-க்கும் அதிகமானோர் பங்கேற்றனர்.

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Date: 08.01.2023

Publication: MALAI MALAR

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நேப்பியர் பாலத்தில் இருந்து போட்டி மாரத்தான் தொடங்கியது. 4 பிரிவுகளில் நடந்த ஓட்டத்தில் 20 ஆயிரத்துக்கும் மேற்பட்டோர் கலந்து கொண்டனர்.

சென்னையில் இன்று நடந்தது 20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் ஓட்டப்பந்தயம்

சென்னை, ஜன. 8—
சென்னை ரன்னர்ஸ்
அமைப்பு சார்பில் சென்னை
மாரத்தான் ஓட்டம்
ஆண்டுதோறும் நடத்தப்பட்டு
வருகிறது.

மாரத்தான் பந்தயம்

இந்த ஆண்டுக்கான 11-
வது மாரத்தான் பந்தயம்
இன்று நடந்தது. நீரிழிவு
நோய் குறித்து விழிப்புணர்வு
ஏற்படுத்தவும், நோயால்
பாதிக்கப்பட்டவர்களுக்கு
உதவ நிதி திரட்டும் நோக்கி
லும் இந்த பந்தயம் நடத்தப்
பட்டது.

ஆண்கள், பெண்களுக்
கான இந்த மாரத்தான்
ஓட்டம் 4 வகையாக நடத்தப்
பட்டது. முதலில் முழு
மாரத்தான் போட்டி நடந்தது.
இந்த பந்தயம் 42.195 கிலோ
மீட்டர் தூரம் கொண்டது.
அடுத்து 32.186 கிலோ மீட்டர்
தூரத்துக்கு ஓட்டம் நடந்தது.
மினி மாரத்தான் (21.097 கிலோ
மீட்டர்) 10 கிலோ மீட்டர் (16
வயதுக்குட்பட்டோர்) பந்தயம்
நடந்தது.

4 பிரிவுகளில் நடந்த
மாரத்தான் ஓட்டத்தில் 20
ஆயிரத்திற்கும் மேற்பட்டோர்
கலந்து கொண்டனர்.

முழு மாரத்தான் பந்தயம்
நேப்பியர் பாலத்தில் இருந்து
அதிகாலை 4 மணிக்கு
தொடங்கியது. சாந்தோம்,
அடையாறு, மத்திய
கைலாஷ், டைட்டல் பார்க்,
துரைப்பாக்கம், சோழிங்க
நல்லூர், அக்கரை, கிழக்கு
கடற்கரை சாலை வழியாக
இந்திய கடல்சார் பல்கலைக்



மாரத்தான் ஓட்டத்தில் பங்கேற்றவர்கள்.

கழகம் அருகே முடிவடைந்தது.
21 கிலோ மீட்டர் தூரத்
துக்கான மினி மாரத்தான்
ஓட்டம் பெசன்ட் நகர்
எலியட்ஸ் கடற்கரையில்
இருந்து அதிகாலை 5 மணிக்கு
தொடங்கியது.

அமைச்சர்
மா.சுப்பிரமணியன்
இந்த போட்டியை
அமைச்சர் மா.சுப்பிரமணியன்
கொடியசைத்து தொடங்கி
வைத்தார்.

இந்த பந்தயம் இந்திய
கடல்சார் பல்கலைக்கழகம்
அருகே நிறைவடைந்தது.
அமைச்சர் மனோ தங்கராஜ்,
டி.ஜி.பி. சைலேந்திர பாபு
இதில் பங்கேற்றனர்.

10 கிலோ மீட்டர் தூர
பந்தயம் காலை 6 மணிக்கு
நேப்பியர் பாலத்தில் இருந்து
தொடங்கியது. போலிஸ்
கமிஷனர் சங்கர் ஜிவால் இதை

கொடியசைத்து தொடங்கி
வைத்தார். சாந்தோம்,
அடையாறு வழியாக
தரமணிக்கு இந்த ஓட்டம்
சென்றடைந்தது.

மாணவ— மாணவிகள்,
ஆண்கள், பெண்கள்,
இளைஞர்கள் என அனைத்து
தரப்பில் இருந்து ஆர்வத்துடன்
மாரத்தான் போட்டியில்
பங்கேற்றனர். பந்தயத்தில்
பங்கேற்றவர்களுக்கு அனைத்து
வசதியும் அளிக்கப்பட்டு
இருந்தது. குடிநீர், கழிப்பிடம்,
மருத்துவம் உள்ளிட்ட வசதிகள்
செய்யப்பட்டிருந்தன.

போட்டிகளில் வெற்றி
பெற்றவர்களுக்கு ரூ.20
லட்சம் பரிசு தொகை வழங்
கப்படுகிறது. மாரத்தான்
ஓட்டத்தையொட்டி கடற்கரை
சாலையில் போக்குவரத்து
மாற்றம் செய்யப்பட்டு
இருந்தது.

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Publication: MALAI MALAR	
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சென்னை மாரத்தான் பந்தயத்தில்

கோவை வீரர் வினோக்குமார் முதலிடம்

சென்னை, ஜன. 8—
சென்னை ரன்னர்ஸ்
அமைப்பு சார்பில் நீரிழிவு
நோய் குறித்து விழிப்புணர்வு
ஏற்படுத்தவும், அந்த
நோயால் பாதிக்கப்பட்ட
வர்களுக்கு உதவ நிதி
திரட்டும் நோக்கிலும்
சென்னை மாரத்தான் பந்த
யத்தை இன்று நடத்தியது.

4 பிரிவுகளில் நடந்த
இந்த போட்டியில் 20
ஆயிரத்திற்கும் மேற்பட்
டோர் கலந்து கொண்டனர்.

**வினோக்குமார்
முதலிடம்**

42.195 கிலோ மீட்டர்
தூரத்துக்கான முழு
மாரத்தான் பந்தயத்தில்
கோவை வீரர் வினோத்
குமார் சீனிவாசன் முதல்
இடத்தை பிடித்தார். அவர்
பந்தய தூரத்தை 2 மணி
37.28 நிமிடத்தில் கடந்தார்.

ஜியான் பாபு 2 மணி 48.46
நிமிடத்தில் கடந்து 2-வது
இடத்தையும், ஜெகதீசன்
முனுசாமி 2 மணி 57.39
நிமிடத்தில் கடந்து 3-வது
இடத்தையும் பிடித்தனர்.

முழு மாரத்தான் பெண்

கள் பிரிவில் ஜெரண்டு
கிமித்வாய் 3 மணி 31.36
நிமிடத்தில் கடந்து முதல்
இடத்தை பிடித்தார். சந்தியா
2-வது இடத்தையும் (3 மணி
33.57 நிமிடம்), மம்தா ரவாத்
3-வது இடத்தையும் (3 மணி
53.41 நிமிடம்) பிடித்தனர்.

மினி மாரத்தான்

32.186 கிலோ மீட்டர்
தூரத்துக்கான பந்தயத்தில்
ஜோஸ் முதல் இடத்தை
பிடித்தார். வெங்கடேஷ்
பழனிசாமி, சுபம் திக்சித்
முறையே 2-வது, 3-வது
இடங்களை பிடித்தனர்.

இதே பிரிவின் பெண்கள்
பந்தயத்தில் டிம் டிம் சர்மா
முதல் இடத்தை பிடித்தார்.
அவர் பந்தய தூரத்தை
2 மணி 31.25 நிமிடத்தில்
கடந்தார். வினயா, ரஞ்சனி
முறையே 2-வது, 3-வது
இடங்களை பிடித்தனர்.

21.097 கிலோ மீட்டர்
தூரத்துக்கான மினி
மாரத்தானில் மோனு குமார்
1 மணி 16.09 நிமிடத்தில்
கடந்து முதல் இடத்தை
பிடித்தார்.

மல்லிகார்ஜுனா (1
மணி 18.30 நிமிடம்) 2-வது
இடத்தையும், அசோகன்
சண்முகம் (1 மணி
24.47 நிமிடம்) 3-வது
இடத்தையும் பிடித்தனர்.
மினி மாரத்தான் பெண்கள்

பிரிவில் விருஷாவி முதல்
இடத்தை பிடித்தார். அவர்
பந்தய தூரத்தை 1 மணி
35.59 நிமிடத்தில் கடந்தார்.
ஜெகதீஸ்வரி, தரணி திவ்யா
2-வது, 3-வது இடங்களை
பிடித்தனர்.

10 கிலோ மீட்டர்

ஆண்களுக்கான 10
கிலோ மீட்டர் தூர
ஓட்டத்தில் ஆதேஷ் யாதவ்
முதல் இடத்தை பிடித்தார்.
அவர் பந்தய தூரத்தை
32.18 நிமிடத்தில் கடந்தார்.
ரோகித் ரானா, சிவா சஞ்சய்
2-வது, 3-வது இடங்களை
பிடித்தனர்.

Company: CHENNAI RUNNERS

Date: 09.01.2023

Publication: INDHU TAMIZH THISAI

Edition:

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மாரத்தான்: வினோத் முதலிடம்

● சென்னை

சென்னையில் நடைபெற்ற தி ஃபிரஷ்வொர்க்ஸ் சென்னை மாரத்தான் போட்டியில் கோயம்புத்தூரைச் சேர்ந்த வினோத் குமார் ஸ்ரீநிவாசன் முதலிடம் பிடித்தார்.

இந்த முழு மாரத்தான் போட்டியை சென்னை நேப்பியர் பாலத்தில் நேற்று அதிகாலை 4 மணிக்கு ஓய்வு பெற்ற ஐபிஎஸ் அதிகாரி ஜெயந்த் முரளி தொடங்கிவைத்தார். அரை மாரத்தான் போட்டியை தமிழக சுகாதாரத்துறை அமைச்சர் மா. சுப்பிரமணியனும், 10 கிலோமீட்டர் மாரத்தான் போட்டியை சென்னை காவல் ஆணையர் சங்கர் ஜிவாலும் தொடங்கிவைத்தனர். இதில் 20 ஆயிரத்துக்கும் மேற்பட்டோர் பல்வேறு பிரிவுகளில் பங்கேற்றனர். இதில் ஆண்கள் பிரிவில் வினோத் குமார் ஸ்ரீநிவாசன் முதலிடம் பிடித்தார். பெண்கள் பிரிவில் கென்யாவைச் சேர்ந்த பிரிகிட் ஜெரண்ட் முதலிடம் பிடித்தார்.



↑ சென்னை ரன்னர்ஸ் அமைப்பு சார்பில் நேற்று அதிகாலை 11-வது மாரத்தான் பந்தயம் நடைபெற்றது. முழு மாரத்தான் ஓட்டத்தில் பங்கேற்ற போட்டியாளர்கள்.

படம்: ம.பிரபு

ഓടി ജയിച്ച് ചെന്നൈ മാറത്തൻ

ചെന്നൈ • വൻ ജനപങ്കാളിത്തത്തിൽ വിജയകരമായി ഓടിത്തീർത്തു ചെന്നൈ മാറത്തൻ. ഇരുപതിനായിരത്തിലേറെ പേരാണ് ഇന്നലെ രാവിലെ മാറത്തണിൽ പങ്കെടുത്തത്.

നേപ്പിയർ പാലത്തിൽ നിന്ന് ആരംഭിച്ച ഫുൾ മാറത്തൻ മുൻ ഐപിഎസ് ഉദ്യോഗസ്ഥൻ ജയന്ത് മുരളി ഫ്ലാഗ് ഓഫ് ചെയ്തു.

ഫാഫ് മാറത്തൻ ബസന്റ് നഗർ ഓൾക്കോട്ട് സ്കൂളിൽ ആരോഗ്യ മന്ത്രി എം.സുബ്രഹ്മണ്യനും 10 കിലോമീറ്റർ ഓട്ടം സിറ്റി പൊലീസ് കമ്മീഷണർ ശങ്കർ ജിവാളും ഫ്ലാഗ് ഓഫ് ചെയ്തു.

പുരുഷന്മാരുടെ ഫുൾ മാറത്തണിൽ കോയമ്പത്തൂരിൽ നിന്നുള്ള വിനോദ് കുമാർ ശ്രീനിവാസനും വനിതാ വിഭാഗത്തിൽ കെനിയയിൽ നിന്നുള്ള ബ്രിജിദ് ജോൻ



സിറ്റി പൊലീസ് കമ്മീഷണർ ശങ്കർ ജിവാൾ നേപ്പിയർ പാലത്തിൽ ചെന്നൈ മാറത്തൻ ഫ്ലാഗ് ഓഫ് ചെയ്യുന്നു.

ഡ് കിമിത്തായയും വിജയികളായികൾക്കായി ആകെ 20 ലക്ഷം വിവിധ വിഭാഗങ്ങളിലെ വിജയരുടെ സമ്മാനത്തുക നൽകി.

మధుమేహ వ్యాధిపై అవగాహన మారథాన్



పాల్గొన్న ప్రజలు

సైదాపేట, న్యూన్టుడే: చెన్నై రన్సర్స్ స్వచ్ఛంద సంస్థ తరపున అతిపెద్ద మారథాన్ చెన్నైలో ఆదివారం జరిగింది. మధుమేహ వ్యాధి గురించి అవగాహన కల్పించేందుకు, వ్యాధిగ్రస్తుల చికిత్సకు నిధులు సేకరించే ఉద్దేశంతో ఈ మారథాన్ నిర్వహించారు. పురుషులు, మహిళలు అని మొత్తం నాలుగు విభాగాల్లో జరిగిన మారథాన్ 42.195 కి.మీ దూరం నిర్వహించారు. మొత్తం 20 వేలకు మందికి పైగా పాల్గొన్నారు. నేపియర్ వంతెన నుంచి ఉదయం 4 గంటలకు ప్రారంభమైన మారథాన్ శాంఢ్ మే, అడయారు, మధ్య వైలాస్, ఈసీఆర్

రోడ్డు మార్గం గుండా సాగి సీ వర్సిటీ వద్ద ముగిసింది. 21 కి.మీ మిసి మారథాన్ బెసెంట్ నగర్ లోని ఎలియట్ బీచ్ లో ఉదయం 5 గంటలకు ప్రారంభమైంది. ఈ దీనిని ఆరోగ్యశాఖ మంత్రి మా.సుబ్రమణియన్ జెండా ఉపి ప్రారంభించారు. మంత్రి మనో తంగరాజ్, డీజీపీ శైలేంద్రబాబు తదితరులు పాల్గొన్నారు. 10 కి.మీ మారథాన్ ఉదయం 5 గంటలకు నేపియర్ వంతెన దగ్గర ప్రారంభమై శాంఢ్ మే, అడయారు మార్గంగా తరమణి వద్ద ముగిసింది. మారథాన్ కారణంగా బీచ్ రోడ్డులో ట్రాఫిక్ లో మార్పులు చేశారు.



మారథాన్ ప్రారంభిస్తున్న సీపీ శంకర్ జివాలే



దివ్యాంగులు..

20 వేల మందితో మారథాన్



జెండా ఊపి పరుగు పందేన్ని ప్రారంభిస్తున్న కమిషనర్ శంకర్ జివ్వల్

- చెన్నై తీరంలో విజయవంతం
- మధుమేహ వ్యాధిగ్రస్త పిల్లలకు సాయం
- నాలుగు కేటగిరీల్లో పరుగుపందెం
- పాల్గొన్న మంత్రులు, డీజీపీ

సాక్షి, చెన్నై: చెన్నై సముద్ర తీరంలో 20 వేల మంది రన్నర్లతో నిర్వహించిన మారథాన్ ఆదివారం వేకువజామున విజయవంతమైంది. మంత్రులు ఎం. సుబ్రమణియన్, మనో తంగరాజ్, డీజీపీ శైలేంద్రబాబు, మాజీ డీజీపీ జయంత్ మురళి, చెన్నై పోలీసు కమిషనర్ శంకర్ జివ్వల్ ఈ రన్లో భాగస్వాములయ్యారు. వివరాలు.. చెన్నై రన్నర్స్ నేతృత్వంలో 11వ ఎడిషన్గా నగరంలో నాలుగు కేటగిరీల్లో భారీ మారథాన్కు ఏర్పాట్లు చేశారు. మెరీనా సముద్ర తీరంలోని కామరాజర్ సాలై నేప్పియర్ వంతెన నుంచి ఓ వైపు, బీసెంట్ నగర్ బీచ్ నుంచి మరోవైపు నగరంలోని పలు మార్గాల గుండా

42కి.మీ, 32కి.మీ, 21కి.మీ 10కి.మీ దూరం చొప్పున ఈ పరుగుపందెం నిర్వహించారు. ఓ వైపు మంచు కురుస్తున్నా వేకువజామున మూడున్నర, నాలుగు గంటలకే పెద్దఎత్తున రన్నర్లు మారథాన్కు తరలివచ్చారు. మొత్తంగా 20 వేల మంది రన్నర్లు ఆటపాటలతో సందడి చేశారు.

విజయవంతంగా..

నేప్పియర్ వంతెన వద్ద విగ్రహాల అక్రమ రవాణా నియంత్రణ విభాగం మాజీ డీజీపీ జయంత్ మురళి, బీసెంట్ నగర్ బీచ్ వద్ద మంత్రి సుబ్రమణియన్ జెండా ఊపి మారథాన్ను ప్రారంభించారు. సుబ్రమణియన్ తో పాటు మరో మంత్రి మనో తంగరాజ్, డీజీపీ శైలేంద్రబాబు, చెన్నై పోలీసు కమిషనర్ శంకర్ జివ్వల్ తదితర అధికారులు ఈ రన్లో భాగస్వాములయ్యారు. ఇతర రన్నర్లతో కలిసి పరుగులు తీస్తూ అందరిలోనూ ఉత్సాహాన్ని నింపారు. ఈ సందర్భంగా ఆరోగ్యశాఖ మంత్రి ఎం. సుబ్రమణియన్ మాట్లాడుతూ మారథాన్

గురించి ప్రజలకు మరింత అవగాహన కల్పించే విధంగా ఈ రన్ నిర్వహించామని తెలిపారు. ప్రపథమంగా చెన్నైలోని పలు మార్గాల ద్వారా ఈ రన్ జరిగిందని, ఇది వరకు ఓ మార్గం నుంచి మరో మార్గం వరకు మాత్రమే మారథాన్ జరిగేదని గుర్తు చేశారు. పెద్దఎత్తున యువత తరలి రావడం ఆనందంగా ఉందన్నారు. ఈ రన్ ద్వారా వచ్చిన మొత్తాన్ని మధుమేహ వ్యాధి గ్రస్తులైన పిల్లలకు మెరుగైన వైద్యం అందించేందుకు ఉపయోగిస్తామన్నారు. పురుషుల విభాగంలో ఫుల్ మారథాన్ విజేతగా కోయంబత్తూరుకు చెందిన వినోద్కుమార్ శ్రీనివాసన్, మహిళా విభాగంలో కెన్య దేశానికి చెందిన బ్రిజ్ జెరెండ్ కిమిత్వై విజేతలుగా నిలిచారు. వీరికి డీజీపీ శైలేంద్రబాబు నగదు బహుమతికి, సంబంధించిన చెక్కులను అందజేశారు. ఫుల్ రన్తో పాటు ఇతర కేటగిరీల్లో తొలి ముగ్గురు విజేతలను ఎంపిక చేసిన బహుమతులను నిర్వాహకులు ప్రదానం చేశారు.

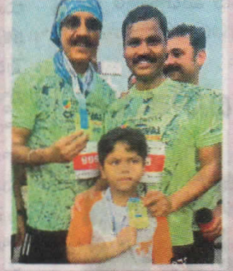


మెగా మారథాన్ విహంగవీక్షణం - లైట్‌హౌస్ సమీపంలో పరుగులు తీస్తున్న యువతులు

మధుమేహంపై అవగాహన కోసం మెగా మారథాన్

చెన్నై, జనవరి 8 (ఆంధ్రజ్యోతి): నగరంలో ఆదివారం వేకువజాము అట్టహాసంగా నిర్వహించిన మెగా మారథాన్ లో సుమారు 10 వేలమంది పాల్గొన్నారు. నాలుగు కేటగిరీలలో మెరీనాబీచ్ నుండి ఈస్ట్ కోస్ట్ రోడ్డు మీదుగా మెరైన్ యూనివర్సిటీ ప్రాంగణం వరకు నిర్వహించిన ఈ మారథాన్ లో మంత్రి మనో తంగరాజ్, డీజీపీ శైలేంద్రబాబు, సీనియర్ ఐఏఎస్ అధికారి వీరరాఘవరావు, ఆయన చిన్నకుమారుడు విఘ్నేశ్ తీవీర్ సహా పలువురు ఉన్నతాధికారులు కూడా పాల్గొన్నారు. చెన్నై రన్నర్స్ సంస్థ ఆధ్వర్యంలో ప్రతి యేటా నగరంలో మారథాన్ నిర్వహించడం ఆనవాయితీ. ఆ మేరకు ఈ యేడాదికిగాను 11వ మెగా

మారథాన్ ఆదివారం వేకువ జాము మెరీనాబీచ్ నేపీయర్ వంతెన నుండి ప్రారంభమైంది. మధుమేహంపై అవగాహన కల్పించే విధంగాను, ఆ వ్యాధితో బాధపడుతున్నవారిని ఆర్థికపరంగా ఆదుకునేలా విరాళాలు సేకరించే నిమిత్తం ఈ మారథాన్ ను ఏర్పాటు చేశారు. ఈ మారథాన్ ను 42.195 కి.మీల మెగామారథాన్, 32.186 కి.మీ.లు (16 యేళ్లలోపు వారు) 21.09కి.మీ.ల వరకు మినీ మారథాన్, 10.కి.మీ.ల మారథాన్ అంటూ నాలుగు విధాలుగా నిర్వహించారు. తొలుత మెగామారథాన్ నేపీయర్ వంతెన వద్ద వేకువ



హాఫ్ మారథాన్ ను పూర్తిచేసిన సీనియర్ ఐఏఎస్ అధికారి వీరరాఘవరావును, ఆయన చిన్నకుమారుడు విఘ్నేశ్ తీవీర్ ను అభినందిస్తున్న డీజీపీ శైలేంద్రబాబు

జాము నాలుగు గంటలకు ప్రారంభమైంది. శాంథోమ్, అడయారు, మధ్యకైలాష్, బైడల్ పార్క్, దురైపాక్కం, చోళింగనల్వూరు, అక్కరై, ఈస్ట్ కోస్ట్ రోడ్డు, మెరైన్ యూనివర్సిటీ వరకు కొనసాగింది. 21 కి.మీ.ల మినీ మారథాన్ ను బిసెంట్స్ గర్ ఎలియట్స్ బీచ్ నుండి వేకువజాము ఐదు గంటలకు ప్రారంభమైంది. ఈ మారథాన్ ను ఆరోగ్యశాఖ మంత్రి ఎం. సుబ్రహ్మణ్యం జెండా ఊపి ప్రారంభించారు. 10.కి.మీ.ల మారథాన్ ఉదయం ఆరుగంటలకు నేపీయర్ వంతెన నుండి ప్రారంభమై శాంథోమ్ మీదుగా తరమణి వరకు కొనసాగింది.

కోవై యువకుడు విజేత...

ఈ మెగామారథాన్ లో కోయంబత్తూరుకు చెందిన యువకుడు వినోద్ కుమార్ శీనివాసన్ విజేతగా నిలిచాడు. రెండున్నర గంటలలో మారథాన్ ను పూర్తిచేసి ప్రథమ స్థానం దక్కించుకున్నాడు. జియోన్ బాబు, జగదీశన్ మునుసామి ద్వితీయ, తృతీయ స్థానాలు పొంది విజేత

లుగా నిలిచారు. మహిళల విభాగంలో జెరాండు కిమిత్ వాయ్ ప్రథమ స్థానం దక్కించుకుని విజేతగా నిలిచింది. సంధ్యా, మమతా రావత్ ద్వితీయ, తృతీయ స్థానాలు పొందారు.

पुरुषों और महिलाओं की फुल मैराथन के विजेता बने विनोद कुमार और ब्रिगिड जेरेड



पत्रिका न्यूज नेटवर्क
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चेन्नई भारत का दूसरा सबसे बड़ा मैराथन, फ्रेशवर्क्स चेन्नई मैराथन 2023 (11वां संस्करण) रविवार को आयोजित किया गया। मैराथन काफी सफल रहा। कोयम्बतूर के विनोद कुमार श्रीनिवासन और ब्रिगिड जेरेड किमितवाई ने चेन्नई रनर्स द्वारा संचालित फ्रेशवर्क्स चेन्नई पुरुष और महिला फुल मैराथन 2023 जीता। इसमें 20,000 से अधिक धावकों ने भाग लिया। राज्य के स्वास्थ्य मंत्री सुब्रमण्यन ने हाफ मैराथन को झंडी दिखाकर रवाना किया। इसके लिए विभिन्न श्रेणियां थी। ओल्कोट स्कूल बेसेंट नगर से हाफ मैराथन की शुरुआत हुई। पुलिस आयुक्त शंकर जीवाल ने 10

किलोमीटर की दौड़ को झंडी दिखाकर रवाना किया। विभिन्न श्रेणियों में विजेताओं को इस वर्ष पुरस्कार राशि के रूप में बीस लाख मात्र वितरित किए गए।

ये हैं 30वीं मैराथन

धावकों में पेशेवर, उत्साही धावक, चेन्नई के विभिन्न कॉर्पोरेट्स की टीमों, कॉर्पोरेट जगत के कई महत्वपूर्ण गणमान्य व्यक्ति और पहली बार भाग लेने वाले नागरिक शामिल थे। मेन्स फुल मैराथन के विजेता विनोद कुमार श्रीनिवासन ने कहा यह मेरी 30वीं मैराथन है। महिला फुल मैराथन की विजेता ब्रिगिड जेरेड किमितवाई ने कहा मैं पहली बार चेन्नई आई हूँ और यह मेरी पहली मैराथन है।

Company: CHENNAI RUNNERS	Date: 09.01.2023
Publication: SOUTHERN MAIL	
Edition:	Page: 03

Vinoth Kumar and Brigid Jerend Winners of the Mens and Women's Full Marathon held yesterday



Chennai: Vinod Kumar Srinivasan from Coimbatore won the Mens full marathon and Brigid Jerend Kimitwai from Kenya won the womens full marathon at the 11th edition of the event here today. The Freshworks Chennai Marathon 2023 powered by Chennai Runners saw over 20,000 enthusiastic runners participating across categories. Twenty thousand plus runners were cheered on by an enthusiastic crowd that had gathered at various points along the route of the marathon early this morning. The full marathon and twenty miler both started from Napier bridge yesterday morning at 4 am and was flagged off by Dr. Jayanth Murali IPS (Retd) and the Half Marathon that started from Olcott School Besant Nagar was flagged off by Ma. Subramanian, Health Minister, Tamil Nadu. The Commissioner of Police, Thiru Shankar Jiwal, IPS, flagged off the 10 km run. The Freshworks Chennai Marathon 2023 powered by Chennai Runners is a world-class event comparable with the best marathons around the world. This was the 11th edition of the Marathon and it has been growing in popularity and is now a very important event in the calendar of serious runners both nationally and globally. The organizational skills of the team, the smooth conduct of the event and top of the line technological & medical assistance are some of the reasons for its growing popularity.



Over 20,000 participate in Freshworks Chennai Marathon 2023

January 08, 2023 07:46 pm | Updated 07:46 pm IST - CHENNAI

[The Hindu Bureau](#)



Commissioner of Police Shankar Jiwal flagging off the runners at Napier Bridge on Sunday. Photo: Special arrangement

Over 20,000 runners participated across all categories in the Freshworks Chennai Marathon 2023, powered by Chennai Runners, on Sunday. A full marathon and twenty-miler started from Napier Bridge, while a half-marathon started from Olcott School in Besant Nagar. City Commissioner of Police Shankar Jiwal flagged off the 10-km run. As many as 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners also participated in the marathon this year.

<https://www.thehindu.com/news/cities/chennai/over-20000-participate-in-freshworks-chennai-marathon-2023/article66353696.ece>

THE TIMES OF INDIA

India's Vinod Kumar and Kenyan Kimitwai win titles at Chennai Marathon

PTI / Jan 8, 2023, 17:36 IST



CHENNAI: Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively in the 11th Freshworks Chennai Marathon 2023 here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to take the top prize and he was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places. After the win, Srinivasan said, "this is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came 4th. In 2019 I came in 2nd place. In 2020 I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonor at high altitude prior to coming here to participate."

In the women's event, Brigid Jerend Kimitwai won with a time of 03:31:36 while Sandya Shanker took the second place (03:33:57) and was followed by Mamta Rawat (03:53:41).

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week. The weather was pleasant and the run was enjoyable. I hope to come next year too," Kimitwai said after her win.

The marathon powered by Chennai Runners saw over 20,000 runners participating across categories.

The 11th edition of the marathon saw several firsts including, over 20 thousand plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events for men and women including, a Full Marathon (42.195 Km) - the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

<https://timesofindia.indiatimes.com/sports/more-sports/athletics/indias-vinod-kumar-and-kenyan-kimitwai-win-titles-at-chennai-marathon/articleshow/96833327.cms>

SPORTSTAR

India's Vinod Kumar and Kenyan Kimitwai win titles at Chennai Marathon

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PTI CHENNAI 08 JANUARY, 2023 17:43 IST



The marathon, powered by Chennai Runners, saw over 20,000 runners participating across categories. | Photo Credit: RAGU R/THE HINDU

Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon, respectively, in the 11th Freshworks Chennai Marathon 2023 here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to take the top prize and was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places.

After the win, Srinivasan, said, "This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came fourth. In 2019 I came in second place. In 2020 I was third and now I have won the marathon. This is a result of my continuous training. I trained for three months at Coonor at high altitude prior to coming here to participate."

In the women's event, Kimitwai won with a time of 03:31:36 while Sandya Shanker took the second place (03:33:57) and was followed by Mamta Rawat (03:53:41).

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<https://sportstar.thehindu.com/other-sports/chennai-marathon-2023-winner-vinod-kumar-srinivasan-coimbatore-brigid-jerend-kimitwai-kenya/article66353104.ece>

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SPORTS / ATHLETICS / 09:38 PM

Chennai Marathon: India's Vinod Kumar, Kenyan Kimitwai win men's and women's titles

Chennai, Jan 8 (IANS) Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively at the 11th Freshworks Chennai Marathon 2023, here on Sunday.

Chennai, Jan 8 Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively at the 11th Freshworks Chennai Marathon 2023, here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to win the title while Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) got the second and third places.

"This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. I am a part of the Covai-based Triumph Club. This is the fifth time I am participating in this marathon. It has only got better and better," said Srinivasan after the win.

"In 2018, I came 4th. In 2019, I came in 2nd place. In 2020, I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonor at high altitude before coming here to participate," he added.

Meanwhile, Brigid Jerend Kimitwai won the women's title with a time of 03:31:36 as Sandhya Shanker (03:33:57) and Mamta Rawat (03:53:41) took the second and third place.

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week," Kimitwai said after her win.

"I thought the marathon would be challenging but there was superb support all along the way and I faced no problems. The weather was pleasant and the run was enjoyable. I hope to come next year too," she added.

The Chennai Marathon 2023 saw over 20,000 enthusiastic runners participating across categories. Twenty thousand plus runners were cheered on by an enthusiastic crowd that had gathered at various points along the route of the marathon early this morning.

The 11th edition of the marathon saw several firsts including, over 20,000- plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events for men and women including, a Full Marathon (42.195 Km) — the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

<https://ians.in/news/athletics-news.html>

சென்னையில் 20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் போட்டி 4 பிரிவுகளாக நடைபெற்றது



சென்னையில் 20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் போட்டி 4 பிரிவுகளாக நடைபெற்றது தினத்தந்தி ஜனவரி 9, 6:02 am Text Size சென்னையில் 20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் போட்டி நடைபெற்றது. 4 பிரிவுகளாக நடைபெற்றது.

சென்னை மாரத்தான் போட்டி சென்னை ரன்னர்ஸ் அமைப்பு சார்பில், நீரிழிவு நோய் குறித்த விழிப்புணர்வு மாரத்தான் போட்டி சென்னையில் நேற்று நடைபெற்றது. இருபாலருக்கான இந்த போட்டியில் முழு மாரத்தான் (42.195 கிலோ மீட்டர்), 'பெர்பெக்ட்' மாரத்தான் (32.186 கிலோ மீட்டர்), அரை மாரத்தான் (21.097 கிலோ மீட்டர்) மற்றும் 10 கிலோ மீட்டர் ஓட்டம் என 4 பிரிவுகளில் நடைபெற்றது.

பெசன்ட் நகர் ஆல்கார்ட் பள்ளி அருகில் தொடங்கப்பட்ட அரை மாரத்தான் போட்டியை அதிகாலை 5 மணிக்கு மக்கள் நல்வாழ்வுத்துறை அமைச்சர் மா.சுப்பிரமணியன் தொடங்கி வைத்தார். இதில் தமிழ்நாடு போலீஸ் டி.ஜி.பி. சைலேந்திர பாபு, இந்திய ஆக்கி முன்னாள் வீரர் பாஸ்கரன் உள்பட ஏராளமானோர் கலந்து கொண்டனர். அரை மாரத்தான் போட்டியில் தகவல் தொழில்நுட்பத்துறை அமைச்சர் மனோ தங்கராஜ் கலந்து கொண்டு ஓடினார். முன்னதாக சென்னை நேப்பியர் பாலத்தில் தொடங்கப்பட்ட முழு மாரத்தான் மற்றும் 'பெர்பெக்ட்' மாரத்தான் போட்டிகளை அதிகாலை 4 மணிக்கு ஓய்வுபெற்ற டி.ஜி.பி. ஜெயந்த் முரளி தொடங்கி வைத்தார். நேப்பியர் பாலம் மற்றும் பெசன்ட் நகரில் தொடங்கி வைக்கப்பட்ட இந்த மாரத்தான் போட்டிகள் காமராஜர் சாலை, சாந்தோம் நெடுஞ்சாலை,

சர்தார் பட்டேல் சாலை, ஓ.எம்.ஆர். சாலை, இ.சி.ஆர். சாலை வழியாக கடல்சார் பல்கலைக்கழகம் அருகே நிறைவடைந்தது. 10 கிலோ மீட்டர் தூர ஓட்டம் மட்டும் நேப்பியர் பாலத்தில் இருந்து தரமணி வரை நடைபெற்றது.

20 ஆயிரம் பேர் பங்கேற்பு

சென்னையில் 4 பிரிவுகளாக நடைபெற்ற இந்த மாரத்தானில் மொத்தம் 20 ஆயிரம் பேர் பங்கேற்றனர். இதில் ஆண்களுக்கான முழு மாரத்தானில் கோவையை சேர்ந்த வினோத் குமார் முதல் பரிசாக ரூ.1 லட்சத்தை தட்டிச் சென்றார். 2-வது பரிசை கயன் பாபுவும், 3-வது பரிசை ஜெகதீசன் முனுசாமியும் பெற்றனர். இதன் பெண்கள் பிரிவில் கென்யா நாட்டை சேர்ந்த பிரிகிட் ஜெரெண்ட் கிமிட்வாய் முதல் பரிசாக ரூ.1 லட்சத்தை பெற்றார். 2-வது பரிசை சந்தியா சங்கரும், 3-வது பரிசை மம்தா ரவாட்டும் பெற்றனர். ஆண்களுக்கான 'பெர்பெக்ட்' மாரத்தானில் ஜி.ஜோஸ் முதலிடத்தை பிடித்தார். அவருக்கு ரூ.70 ஆயிரம் பரிசாக கிடைத்தது. 2-வது இடத்தை வெங்கடேஷ் பழனிசாமியும், 3-வது இடத்தை சுபம் தீட்சி த்தும் பிடித்தனர். இதன் பெண்கள் பிரிவில் டிம் டிம் ஷர்மா, முதல் பரிசாக ரூ.70 ஆயிரத்தை தனதாக்கினார். 2-வது பரிசை வினயா மலுசரேயும், 3-வது பரிசை ரமா ரஞ்சனியும் பெற்றனர்.

மொத்தம் ரூ.20 லட்சம் பரிசு

ஆண்களுக்கான அரை மாரத்தானில் மோனு குமார், முதல் இடத்தை பிடித்து ரூ.60 ஆயிரத்தை பரிசாக பெற்றார். 2-வது பரிசை பி.மல்லிகார்ஜுனாவும், 3-வது பரிசை அசோகன் சண்முகமும் பெற்றனர். பெண்கள் பிரிவில் விருஷாலி உட்டேகர் முதல் பரிசான ரூ.60 ஆயிரத்தையும், 2-வது பரிசை ஜெ.ஜெகதீஷ்வரியும், 3-வது பரிசை தரணிதிவ்யா பழனிசாமியும் பெற்றனர். ஆண்களுக்கான 10 கிலோ மீட்டர் ஓட்டத்தில் ஆதேஷ் யாதவ் முதல் இடம் பிடித்து, ரூ.40 ஆயிரம் பரிசை பெற்றார். அடுத்த இரு இடங்களை முறையே ரோகித் ரானாவும், சிவா சஞ்சய்யும் பெற்றனர். இதன் பெண்கள் பிரிவில் டி.கஸ்தூரி முதலிடம் பிடித்து ரூ.40 ஆயிரம் பரிசு பெற்றார். 2-வது, 3-வது இடங்களை முறையே தயானா பாஸ்கரனும், பாலா அபிராமியும் பெற்றனர். இந்த ஓட்டப்பந்தயங்களில் இளைஞர்கள் முதல் முதியவர்கள் வரை ஆர்வமுடன் பங்கேற்றனர். மாற்றுத் திறனாளிகளுக்கான வீல்சேர் ஓட்டப்பந்தயமும் இடம் பெற்றது. 4 பிரிவுகளிலும் மொத்த பரிசுத் தொகையாக ரூ.20 லட்சம் வழங்கப்பட்டது குறிப்பிடத்தக்கது.

போக்குவரத்து பாதிப்பு

இந்த மாரத்தான் போட்டியால் பழைய மாமல்லபுரம் சாலை மற்றும் சோழிங்கநல்லூர் பகுதியில் கடுமையான போக்குவரத்து பாதிப்பு ஏற்பட்டது. சுமார் 1 கி.மீ. தூரத்துக்கு வாகனங்கள் அணி வகுத்து நின்றன. மேடவாக்கம்-சோழிங்கநல்லூர் இணைப்பு செம்மொழி சாலை பகுதியில் ஒரு சாலையில் வாகனங்கள் நிறுத்தப்பட்டு பள்ளிக்கரணை-ரேடியல் சாலை வழியாக திருப்பி விடப்பட்டது. அதேபோல் ஓ.எம்.ஆர்.சாலையில் இருந்து இ.சி.ஆர். சாலைக்கு செல்லக்கூடிய கே.கே.சாலையில் வாகனங்களை இயக்காமல் சோழிங்கநல்லூர் ஆவின் பகுதி சிக்னலில் திருப்பி விடப்பட்டது.

<https://www.dailythanthi.com/News/State/20k-participants-in-chennai-marathon-kovai-man-wins-875306>

சென்னை மாரத்தான்: வினோத் முதலிடம்



மாரத்தான் ஓட்டத்தில் பங்கேற்ற போட்டியாளர்கள்.

சென்னை: சென்னையில் நடைபெற்ற தி ஃபிரஷ்வொர்க்ஸ் சென்னை மாரத்தான் போட்டியில் கோயம்புத்தூரைச் சேர்ந்த வினோத் குமார் ஸ்ரீநிவாசன் முதலிடம் பிடித்தார்.

இந்த முழு மாரத்தான் போட்டியை சென்னை நேப்பியர் பாலத்தில் நேற்று அதிகாலை 4 மணிக்கு ஓய்வு பெற்ற ஐபிஎஸ் அதிகாரி ஜெயந்த் முரளி தொடங்கிவைத்தார். அரை மாரத்தான் போட்டியை தமிழக சுகாதாரத்துறை அமைச்சர் மா. சுப்பிரமணியனும், 10 கிலோமீட்டர் மாரத்தான் போட்டியை சென்னை காவல் ஆணையர் சங்கர் ஜிவாலும் தொடங்கிவைத்தனர்.

இதில் 20 ஆயிரத்துக்கும் மேற்பட்டோர் பல்வேறு பிரிவுகளில் பங்கேற்றனர். இதில் ஆண்கள் பிரிவில் வினோத் குமார் ஸ்ரீநிவாசன் முதலிடம் பிடித்தார். பெண்கள் பிரிவில் கென்யாவைச் சேர்ந்த பிரிகிட் ஜெரண்ட் முதலிடம் பிடித்தார்.

<https://www.hindutamil.in/news/sports/926767-chennai-marathon-vinod-crosses-finish-mark-first-tops-in-race-1.html>



भारत के विनोद कुमार और कीनिया की किमितवाई ने चेन्नई मैराथन खिताब जीते



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प्रतिरूप फोटो

[प्रभासाक्षी न्यूज नेटवर्क](#) | Jan 08, 2023 9:58PM

भारत के विनोद कुमार श्रीनिवासन और कीनिया की ब्रिगिड जेरेंड किमितवाई ने रविवार को यहां 11वीं चेन्नई मैराथन 2023 में क्रमशः पुरुष और महिला वर्ग में पूर्ण मैराथन खिताब जीते।

भारत के विनोद कुमार श्रीनिवासन और कीनिया की ब्रिगिड जेरेंड किमितवाई ने रविवार को यहां 11वीं चेन्नई मैराथन 2023 में क्रमशः पुरुष और महिला वर्ग में पूर्ण मैराथन खिताब जीते। श्रीनिवासन ने दो घंटे 37 मिनट और 28 सेकेंड के समय के साथ खिताब जीता। ज्ञान बाबू दो घंटे 48 मिनट और 46 सेकेंड के साथ दूसरे जबकि जगदीशन मुनासामी दो घंटे 57 मिनट और 39 सेकेंड के समय के साथ तीसरे स्थान पर रहे। महिला वर्ग में किमितवाई तीन घंटे 31 मिनट और 36 सेकेंड के समय के साथ शीर्ष पर रहीं।

भारत की संध्या शंकर (तीन घंटे 33 मिनट 57 सेकेंड) ने दूसरा जबकि ममता रावत (तीन घंटे 53 मिनट 41 सेकेंड) ने तीसरा स्थान हासिल किया। इस मैराथन में विभिन्न वर्गों में 20 हजार से अधिक धावकों ने हिस्सा लिया। इसमें पहली बार 30 दृष्टिबाधित धावकों ने भी पदार्पण किया जबकि 50 ब्लेड रनर और 50 व्हीलचेयर रनर ने भी हिस्सा लिया। मैराथन के दौरान पुरुष और महिला वर्ग में पूर्ण मैराथन (42.195 किमी), परफेक्ट 20 माइलर (32.186 किमी), हाफ मैराथन (21.097 किमी) और 10 किमी दौड़ का आयोजन किया गया।

<https://www.prabhasakshi.com/sports/indias-vinod-kumar-and-kenyas-kimitwai-win-chennai-marathon-titles>

20K participants in Chennai marathon; Kovai man wins

The marathon, besides having over 20,000 runners, consisted of 30 debutant runners with visual impairment, 50 blade runners and 50 participants using wheelchairs.



11th edition of Chennai marathon

[Dt Next Bureau](#) 8 Jan, 2023, 8:03 pm

CHENNAI: More than 20,000 runners participated in the 11th edition of Chennai marathon held by Chennai Runners here on Sunday. For the full marathon, in male category, Vinod Kumar Srinivasan from Coimbatore won the award, while Kenyan runner Brigid Jerend Kimitwai won the female category.

The marathon, besides having over 20,000 runners, consisted of 30 debutant runners with visual impairment, 50 blade runners and 50 participants using wheelchairs. Additionally, the marathon saw a range of runners from professionals, passionate runners, groups from various corporates across Chennai and people participating in the marathon for the first time.

The marathon conducted in the city was the largest running event to be held in Chennai and second-largest for the country. The marathon had four events for men and women, including a full marathon (42.195 km), which was the flagship race of the event. Other events included, the perfect 20 miler (32.186 km), the half marathon (21.097 km) and the 10 km run. Overall the winners were given Rs 20 lakh worth prize money.

Brigid, the female winner of the marathon said, "This is my first time participating in a marathon ever. I trained for 3 months in Kenya to win. I hope to come next year too."

Meanwhile Vinoth, male winner of the marathon said, "This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training."

Vinoth is participating in the Chennai marathon for the 5th time, managing to win fourth in 2018, second in 2019 and third in 2020.

"This is a result of my continuous training. I trained for 3 months at Coonor at high altitude as preparation," added Vinoth.

<https://www.dtnext.in/city/2023/01/08/20k-participants-in-chennai-marathon-kovai-man-wins>

சென்னையில் 20 ஆயிரம் பேர் பங்கேற்ற மாரத்தான் ஓட்டப்பந்தயம்



By **Maalaimalar** 8 ஜனவரி 2023 10:56 AM (Updated: 8 ஜனவரி 2023 10:58 AM)

- மாரத்தான் ஓட்டத்தையொட்டி கடற்கரை சாலையில் போக்குவரத்து மாற்றம் செய்யப்பட்டு இருந்தது.
- ஆண்கள், பெண்களுக்கான மாரத்தான் ஓட்டம் 4 வகையாக நடத்தப்பட்டது.

சென்னை:

சென்னை ரன்னர்ஸ் அமைப்பு சார்பில் சென்னை மாரத்தான் ஓட்டம் ஆண்டுதோறும் நடத்தப்பட்டு வருகிறது.

இந்த ஆண்டுக்கான 11-வது மாரத்தான் பந்தயம் இன்று நடந்தது. நீரிழிவு நோய் குறித்து விழிப்புணர்வு ஏற்படுத்தவும், நோயால் பாதிக்கப்பட்டவர்களுக்கு உதவ நிதி திரட்டும் நோக்கிலும் இந்த பந்தயம் நடத்தப்பட்டது.

ஆண்கள், பெண்களுக்கான இந்த மாரத்தான் ஓட்டம் 4 வகையாக நடத்தப்பட்டது. முதலில் முழு மாரத்தான் போட்டி நடந்தது. இந்த பந்தயம் 42.195 கிலோ மீட்டர் தூரம் கொண்டது. 32,186 கிலோ மீட்டர் (16 வயதுக்குட்பட்டோர்) தூரத்துக்கு ஓட்டம் நடந்தது. மினி மாரத்தான் (21.097 கிலோ மீட்டர்) 10 கிலோ மீட்டர் என 4 பிரிவுகளில் பந்தயம் நடந்தது.

4 பிரிவுகளில் நடந்த மாரத்தான் ஓட்டத்தில் 20 ஆயிரத்திற்கும் மேற்பட்டோர் கலந்து கொண்டனர்.

முழு மாரத்தான் பந்தயம் நேப்பியர் பாலத்தில் இருந்து அதிகாலை 4 மணிக்கு தொடங்கியது. சாந்தோம், அடையாறு, மத்திய கைலாஷ், டைட்டல் பார்க், துரைப்பாக்கம், சோழிங்கநல்லூர், அக்கரை, கிழக்கு கடற்கரை சாலை வழியாக இந்திய கடல்சார் பல்கலைக்கழகம் அருகே முடிவடைந்தது.

21 கிலோ மீட்டர் தூரத்துக்கான மினி மாரத்தான் ஓட்டம் பெசன்ட் நகர் எலியட்ஸ் கடற்கரையில் இருந்து அதிகாலை 5 மணிக்கு தொடங்கியது.

இந்த போட்டியை அமைச்சர் மா.சுப்பிரமணியன் கொடியசைத்து தொடங்கி வைத்தார்.

இந்த பந்தயம் இந்திய கடல்சார் பல்கலைக்கழகம் அருகே நிறைவடைந்தது. அமைச்சர் மனோ தங்கராஜ், டி.ஜி.பி. சைலேந்திர பாபு இதில் பங்கேற்றனர். 10 கிலோ மீட்டர் தூர பந்தயம் காலை 6 மணிக்கு நேப்பியர் பாலத்தில் இருந்து தொடங்கியது. சாந்தோம், அடையாறு வழியாக தரமணி சென்றடைந்தது.

மாரத்தான் ஓட்டத்தையொட்டி கடற்கரை சாலையில் போக்குவரத்து மாற்றம் செய்யப்பட்டு இருந்தது.

<https://www.maalaimalar.com/news/state/trains-stopped-mid-way-due-to-a-sudden-crack-in-the-track-near-arakkonam-causing-inconvenience-to-chennai-commuters-558634?infinitescroll=1>

Outlook

Day In Pics: January 08, 2023



Freshworks Chennai Marathon 2023 | Photo: PTI/R Senthil Kumar

Participants during the Freshworks Chennai Marathon 2023, at Napier Bridge, in Chennai.

<https://www.outlookindia.com/national/day-in-pics-january-08-2023-photos-251808?photo-3>



Chennai Marathon Competition: சென்னை மாரத்தான் போட்டி அமைச்சர் மா.சுப்பிரமணியன் தொடங்கி வைத்தார்

By தருமபுரி தங்கவேல் | Dharmapuri Thangavel

08/01/2023



சென்னை: சென்னை ரன்னர்ஸ் அமைப்பு (Chennai Marathon Competition) சார்பாக நீரழிவு நோய் பற்றிய விழிப்புணர்வு ஏற்படுத்தவும் அந்த நோயால் பாதிக்கப்பட்டவர்களுக்கு உதவுவதற்கு நிதி திரட்டும் நோக்கிலும் மாரத்தான் ஓட்டப்பந்தயம் சென்னையில் இன்று (ஜனவரி 8) அதிகாலை முதல் தொடங்கி நடைபெற்று வருகிறது.

இதில் இருபாலருக்குமான மாரத்தான் பந்தயம் நான்கு வகையிலாக நடத்தப்படுகிறது. அதன்படி முழு மாரத்தான் 42.195 கிலோ மீட்டர், 32.186 கிலோ மீட்டர், மினி மாரத்தான்

21.097 கிலோ மீட்டர், 10 கிலோ மீட்டர் தூரம் என்று நான்கு வகைகளில் போட்டி நடைபெறுகிறது.

முழு மாரத்தான் பந்தயம் நேப்பியர் பாலத்தில் இருந்து அதிகாலை 4 மணிக்கு தொடங்கியது. கிழக்கு கடற்கரை சாலை வழியாக சென்று இந்திய கடல்சார் பல்கலைக்கழகம் அருகில் முடிவடைகிறது.

இந்நிலையில், மாரத்தான் போட்டியை அமைச்சர் மா.சுப்பிரமணியன் கொடியசைத்து தொடங்கி வைத்தார். இதனை தொடர்ந்து 10 கிலோ மீட்டர் தூர பந்தயம் அதிகாலை 6 மணிக்கு நேப்பியர் பாலத்தில் இருந்து சாந்தோம், அடையாறு வழியாக தரமணியில் முடிவடைகிறது. போட்டியில் வெற்றி பெறுபவர்களுக்கு பரிசு வழங்கப்படுகிறது. இதில் 20 ஆயிரத்துக்கும் அதிகமானோர்கள் கலந்து கொண்டனர் என்பது குறிப்பிடத்தக்கது.

<https://tamil.newsnext.live/chennai-marathon-competition-minister-hon-subramanian-started-by-waving-the-flag/>

दिप्रिंट

भारत के विनोद कुमार और कीनिया की किमितवाई ने चेन्नई मैराथन खिताब जीते

भाषा 8 January, 2023

चेन्नई, आठ जनवरी (भाषा) भारत के विनोद कुमार श्रीनिवासन और कीनिया की ब्रिगिड जेरेंड किमितवाई ने रविवार को यहां 11वीं चेन्नई मैराथन 2023 में क्रमशः पुरुष और महिला वर्ग में पूर्ण मैराथन खिताब जीते।

श्रीनिवासन ने दो घंटे 37 मिनट और 28 सेकेंड के समय के साथ खिताब जीता। ज्ञान बाबू दो घंटे 48 मिनट और 46 सेकेंड के साथ दूसरे जबकि जगदीशन मुनासामी दो घंटे 57 मिनट और 39 सेकेंड के समय के साथ तीसरे स्थान पर रहे।

महिला वर्ग में किमितवाई तीन घंटे 31 मिनट और 36 सेकेंड के समय के साथ शीर्ष पर रहीं। भारत की संध्या शंकर (तीन घंटे 33 मिनट 57 सेकेंड) ने दूसरा जबकि ममता रावत (तीन घंटे 53 मिनट 41 सेकेंड) ने तीसरा स्थान हासिल किया।

इस मैराथन में विभिन्न वर्गों में 20 हजार से अधिक धावकों ने हिस्सा लिया। इसमें पहली बार 30 दृष्टिबाधित धावकों ने भी पदार्पण किया जबकि 50 ब्लेड रनर और 50 व्हीलचेयर रनर ने भी हिस्सा लिया।

मैराथन के दौरान पुरुष और महिला वर्ग में पूर्ण मैराथन (42.195 किमी), परफेक्ट 20 माइलर (32.186 किमी), हाफ मैराथन (21.097 किमी) और 10 किमी दौड़ का आयोजन किया गया।

<https://hindi.theprint.in/sports/indias-vinod-kumar-and-kenyas-kimitawai-win-chennai-marathon-titles/452519/?amp>

Chennai Marathon: India's Vinod Kumar, Kenyan Kimitwai win men's and women's titles

[The SportsGrail Desk](#) Jan 08 2023



Chennai, Jan 8 Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively at the 11th Freshworks Chennai Marathon 2023, here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to win the title while Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) got the second and third places.

"This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. I am a part of the Covai-based Triumph Club. This is the fifth time I am participating in this marathon. It has only got better and better," said Srinivasan after the win.

"In 2018, I came 4th. In 2019, I came in 2nd place. In 2020, I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonor at high altitude before coming here to participate," he added.



Meanwhile, Brigid Jerend Kimitwai won the women's title with a time of 03:31:36 as Sandhya Shanker (03:33:57) and Mamta

Rawat (03:53:41) took the second and third place.

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week," Kimitwai said after her win.

"I thought the marathon would be challenging but there was superb support all along the way and I faced no problems. The weather was pleasant and the run was enjoyable. I hope to come next year too," she added.

The Chennai Marathon 2023 saw over 20,000 enthusiastic runners participating across categories. Twenty thousand plus runners were cheered on by an enthusiastic crowd that had gathered at various points along the route of the marathon early this morning.

The 11th edition of the marathon saw several firsts including, over 20,000- plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events for men and women including, a Full Marathon (42.195 Km) — the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

<https://thesportsgrail.com/chennai-marathon-indias-vinod-kumar-kenyan-kimitwai-win-mens-and-womens-titles/>



खेल : एथलेटिक्स : विनोद और किमितवाई ने चेन्नई मैराथन जीती

चेन्नई। भारत के विनोद कुमार श्रीनिवासन और कीनिया की ब्रिगिड जेरेंड किमितवाई रविवार को...

Sun, 08 Jan 2023 07:20 PM

चेन्नई। भारत के विनोद कुमार श्रीनिवासन और कीनिया की ब्रिगिड जेरेंड किमितवाई रविवार को 11वीं चेन्नई मैराथन में क्रमशः पुरुष और महिला वर्ग में चैंपियन बने। श्रीनिवासन (2:37.28 सेकंड) के साथ पहले स्थान पर रहे। ज्ञान बाबू (2:48.46 सेकंड) दूसरे और जगदीशन मुनासामी (2:57.39 सेकंड) तीसरे स्थान पर रहे।

महिलाओं में किमितवाई (3:31.36 सेकंड) शीर्ष पर रहीं। भारत की संध्या शंकर (3: 33.57 सेकंड) दूसरे और ममता रावत (3:53.41 सेकंड) ने तीसरे स्थान पर रहे। मैराथन में विभिन्न वर्गों में 20 हजार से अधिक धावकों ने हिस्सा लिया। इसमें पहली बार 30 दृष्टिबाधित धावकों ने भी पदार्पण किया जबकि 50 ब्लेड रनर और 50 व्हीलचेयर रनर ने भी हिस्सा लिया।

<https://www.livehindustan.com/ncr/new-delhi/story-sports-athletics-vinod-and-kimitawai-win-chennai-marathon-7602962.html>



'சென்னை ரன்னர்ஸ்' மாரத்தான்.. அமைச்சர் மா.சுப்பிரமணியன் தொடங்கி வைத்தார் | Marathon | Chennai

By தந்தி டிவி

8 ஜனவரி 2023 9:22 AM



சென்னை பெசன்ட் நகரில் நடைபெற்ற மாரத்தான் ஓட்டத்தை அமைச்சர் மா. சுப்பிரமணியன் கொடியசைத்து தொடங்கி வைத்தார். 21 கிலோ மீட்டர் மாரத்தான் ஓட்டத்தில், அமைச்சர் மனோ தங்கராஜ், டி.ஜி.பி. சைலேந்திரபாபு ஆகியோர் பங்கேற்று ஓடினர். மேலும், மாற்றுத்திறனாளிகள் உள்பட ஆயிரத்து 500க்கும் மேற்பட்டோர் உற்சாகத்துடன் ஓடினர். பின்னர் செய்தியாளர்களை சந்தித்த அமைச்சர் மா.சுப்பிரமணியன், மாரத்தான் முன்பதிவு தொகையை நீரழிவு நோயால் பாதிக்கப்பட்டுள்ள குழந்தைகளின் இன்சலின் மருத்துவ உதவிக்கு பயன்படுத்தப்படும் என்றார்

<https://www.thanthitv.com/latest-news/chennai-runners-marathon-minister-m-subramanian-inaugurated-marathon-chennai-160676>

Chennai: Chennai Marathon 2023 #Gallery

POSTED BY: [SOCIAL NEWS XYZ](#) JANUARY 8, 2023



Chennai: Around 20,000 runners participate in the Chennai Marathon 2023, in Chennai on Sunday, Jan. 08, 2023. (Photo: Parthi Bhan/IANS)

<https://www.socialnews.xyz/2023/01/08/chennai-chennai-marathon-2023-gallery/>

Chennai Marathon 2023

Sun, Jan 8 2023 16:30 IST |

Chennai: Around 20,000 runners participate in the Chennai Marathon 2023, in Chennai on Sunday, Jan. 08, 2023.



Chennai Marathon : Vinoth Kumar of Coimbatore, Kenya's Brigid Jerend win Men's, Women's titles



Chennai, Jan 8 (UNI) Vinod Kumar Srinivasan from Coimbatore won the Mens full marathon, while Brigid Jerend Kimitwai from Kenya won the womens full marathon at the 11th edition of the event here today.

The Freshworks Chennai Marathon 2023 powered by Chennai Runners saw over 20,000 enthusiastic runners participating across various categories.

The marathon runners were cheered by enthusiastic crowd at various points all along the marathon route early this morning.

The full marathon and twenty miler both started from Napier bridge and was flagged off by Dr. Jayanth Murali IPS (Retd) and the Half Marathon that started from Olcott School Besant Nagar was flagged off by Tamil Nadu Health Minister Ma. Subramanian, while Chennai City Commissioner of Police Shankar Jiwal flagged off 10 km run.

A total of Rs. 20,00,000/ (Twenty Lakhs) was distributed as prize money this year to the winners in various categories.

This edition of the marathon saw several firsts including, over 20 thousand plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners.

The Runners comprised professionals, passionate runners, teams from various corporates across Chennai, several important dignitaries from the corporate world and citizens participating for the first time ever.

The Freshworks Chennai Marathon 2023, powered by Chennai Runners, the largest running event in Chennai and the second-largest marathon in

India, comprised of four events for men and women including, a Full Marathon (42.195 Km) - the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and 10 Km Run.

Vinoth Kumar Srinivasan, winner of the Mens Full marathon said, "This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. I am a part of the Kovai based Triumph Club. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came 4th. In 2019 I came in 2nd place. In 2020 I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonor at high altitude prior to coming here to participate."

Brigid Jerend Kimitwai, winner of the Women's Full marathon said, "this is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week. The marathon was organized very well and we were well looked after. I thought it would be challenging but there was superb support all along the way and I faced no problems. The weather was pleasant and the run was enjoyable. I hope to come next year too."

Results :

Winners

Full Marathon – Men's

1. Vinoth Kumar Srinivasan - 02:37:28
2. Gyan Babu - 02:48:46
3. Jegadheesan Munasamy - 02:57:39

Full Marathon – Ladies

1. Brigid Jerend Kimitwai - 03:31:36
2. Sandya Shanker - 03:33:57
3. Mamta Rawat - 03:53:41

Perfect 20 Miler – Men's

1. Jose G - 02:04:54
2. Venkatesan Palanisamy - 02:05:54
3. Shubham Dixit - 02:11:49

Perfect 20 Miler – Ladies

1. Tim Tim Sharma - 02:31:25
2. Vinaya Malusare - 02:40:57
3. Rama Ranjani - 03:03:45

Half Marathon – Men

1. Monu Kumar - 01:16:09
2. Mallikarjuna P - 01:18:30
3. Asokan Shanmugam - 01:24:47

Half Marathon – Ladies

1. Vrushali Uttekar - 01:35:59
2. Jagadeeswari J - 01:45:52
3. Tharanidivya Palanisamy - 01:56:22

10Kms – Male

1. Adesh Yadav - 00:32:18
2. Rohit Rana - 00:33:23
3. Siva Sanjay - 00: 33:26

10Kms – Ladies

1. Kasthuri T - 00:48:30
2. Theyana Baskaran - 00:48:57
3. Bala Abiramani - 00:54:40

<http://www.uniindia.com/news/sports/chennai-marathon-vinoth-kumar-of-coimbatore-kenya-s-brigid-jerend-win-men-s-women-s-titles/2893529.html>



भारत के विनोद कुमार और कीनिया की किमितवाई ने चेन्नई मैराथन खिताब जीते

[Bhasha](#) , January 8, 2023 / 05:37 PM IST



चेन्नई, आठ जनवरी (भाषा) भारत के विनोद कुमार श्रीनिवासन और कीनिया की ब्रिगिड जेरेंड किमितवाई ने रविवार को यहां 11वीं चेन्नई मैराथन 2023 में क्रमशः पुरुष और महिला वर्ग में पूर्ण मैराथन खिताब जीते।

श्रीनिवासन ने दो घंटे 37 मिनट और 28 सेकेंड के समय के साथ खिताब जीता। ज्ञान बाबू दो घंटे 48 मिनट और 46 सेकेंड के साथ दूसरे जबकि जगदीशन मुनासामी दो घंटे 57 मिनट और 39 सेकेंड के समय के साथ तीसरे स्थान पर रहे।

महिला वर्ग में किमितवाई तीन घंटे 31 मिनट और 36 सेकेंड के समय के साथ शीर्ष पर रहीं। भारत की संध्या शंकर (तीन घंटे 33 मिनट 57 सेकेंड) ने दूसरा जबकि ममता रावत (तीन घंटे 53 मिनट 41 सेकेंड) ने तीसरा स्थान हासिल किया।

इस मैराथन में विभिन्न वर्गों में 20 हजार से अधिक धावकों ने हिस्सा लिया। इसमें पहली बार 30 दृष्टिबाधित धावकों ने भी पदार्पण किया जबकि 50 ब्लेड रनर और 50 व्हीलचेयर रनर ने भी हिस्सा लिया।

मैराथन के दौरान पुरुष और महिला वर्ग में पूर्ण मैराथन (42.195 किमी), परफेक्ट 20 माइलर (32.186 किमी), हाफ मैराथन (21.097 किमी) और 10 किमी दौड़ का आयोजन किया गया।

<https://www.ibc24.in/sport/indias-vinod-kumar-and-kenyas-kimitwai-win-chennai-marathon-titles-1354199.html>



LATEST NEWS

India's Vinod Kumar and Kenya's Kimitawai win Chennai Marathon titles

Jan 9, 2023



India's Vinod Kumar Srinivasan and Kenya's Brigid Gerend Kimitawai won the full marathon titles in the men's and women's categories respectively at the 11th Chennai Marathon 2023 on Sunday. Srinivasan won the title with a timing of 2:37:28. Gyan Babu came second with a timing of 2:48:46 while Jagadeesan Munasamy was third in 2:57:39. In the women's section, Kimitawai topped the clock with a timing of 3:31:36.

India's Sandhya Shankar (3:33:57) finished second while Mamta Rawat (3:53:41) finished third. More than 20 thousand runners took part in this marathon in different categories. For the first time, 30 blind runners also made their debut while 50 blade runners and 50 wheelchair runners also participated. During the marathon, the full marathon (42.195 km), perfect 20 miles (32.186 km), half marathon (21.097 km), and 10 km were organized in men's and women's categories.

<https://www.theindiaprint.com/latest-news-english/indias-vinod-kumar-and-kenyas-kimitawai-win-chennai-marathon-titles-398638>

SPORTS CHANNEL

[Sports](#)

India's Vinod Kumar and Kenyan Kimitwai win titles at Chennai Marathon

January 9, 2023 2 min readyoursport



Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon, respectively, in the 11th Freshworks Chennai Marathon 2023 here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to take the top prize and was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places.

After the win, Srinivasan, said, "This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came fourth. In 2019 I came in second place. In 2020 I was third and now I have won the marathon. This is a result of my continuous training. I trained for three months at Coonor at high altitude prior to coming here to participate."

In the women's event, Kimitwai won with a time of 03:31:36 while Sandya Shanker took the second place (03:33:57) and was followed by Mamta Rawat (03:53:41).

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for three months back home in Kenya and will be returning home next week. The weather was pleasant and the run was enjoyable. I hope to come next year too," Kimitwai said after her win.

The marathon, powered by Chennai Runners, saw over 20,000 runners participating across categories.

The 11th edition of the marathon saw several firsts, including, over 20 thousand plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events, for men and women, including, a Full Marathon (42.195 Km) – the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

<https://yoursportchannel.com/indias-vinod-kumar-and-kenyan-kitwai-win-titles-at-chennai-marathon/>

Job Shall



Chennai

Chennai 2023 Marathon: India's Vinod Kumar and Kenya's Kimitway win titles | Job Shall

January 8, 2023 | Job Shall Chennai, Indias, Job, Kenyas, Kimitway, Kumar, Marathon, titles, Vinod, Win

Vinod Kumar Srinivasan of Coimbatore and Brigid Jarenda Kimitwai of Kenya gained the lads's and ladies's classes respectively within the eleventh Freshworks Chennai Marathon 2023 right here on Sunday.

Srinivasan completed the race in 02:37:28 to say the highest prize, adopted by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third.

After successful, Srinivasan mentioned, "That is my thirtieth marathon. I could not end my first 10 marathons, however then I slowly began bettering with coaching. That is my fifth time on this marathon. It simply acquired higher and higher. In 2018, I completed fourth place. I got here second in 2019. I used to be third in 2020 and now I've gained the marathon. It is the results of my steady coaching. I skilled in Coonoor at excessive altitude for 3 months earlier than I got here right here to compete.

Within the ladies's race, Kimitvai gained with a time of 03:31:36, whereas Sandya Schenker was second (03:33:57), adopted by Mamta Rawat (03:53:41).

"That is the primary time I've come to Chennai and that is my first marathon. I got here right here only for the marathon. I skilled at dwelling in Kenya for 3 months and shall be again dwelling subsequent week. The climate was good and the race was good. I hope to return subsequent 12 months too," mentioned Kimitwai after the win.

Organized by Chennai Runners, greater than 20,000 runners participated in numerous classes.

A number of firsts took half within the eleventh marathon, together with greater than 20 thousand runners, 30 visually impaired debutants, 50 paddle runners and 50 wheelchair runners.

The marathon consisted of 4 levels for women and men, together with a full marathon (42.195 km) – the main race of the race, a Excellent 20 Miler (32.186 km), a half marathon (21.097 km) and a ten km race.

<https://jobshall.com/chennai-2023-marathon-indias-vinod-kumar-and-kenyas-kimitway-win-titles-job-shall/>



India's Vinod Kumar and Kenyan Kimitwai win titles at Chennai Marathon

Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively in the 11th Freshworks Chennai Marathon 2023.



PTI

Updated: 8 Jan 2023 6:41 PM

Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively in the 11th Freshworks Chennai Marathon 2023 on Sunday.

Srinivasan finished the race in a time of 02:37:28 to take the top prize and he was followed by Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) in second and third places.

After the win, Srinivasan, said, "This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came 4th. In 2019 I came in 2nd place. In 2020 I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonor at high altitude prior to coming here to participate."

In the women's event, Brigid Jerend Kimitwai won with a time of 03:31:36 while Sandya Shanker took the second place (03:33:57) and was followed by Mamta Rawat (03:53:41).

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week. The weather was pleasant and the run was enjoyable. I hope to come next year too," Kimitwai said after her win.

The marathon powered by Chennai Runners saw over 20,000 runners participating across categories. The 11th edition of the marathon saw several firsts including, over 20 thousand plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events for men and women including, a Full Marathon (42.195 Km) - the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

<https://thebridge.in/marathon/2023-chennai-vinod-kumar-kimitwai-win-38556>

India's Vinod Kumar and Kenya's Kimitawai win Chennai Marathon titles

Sunday 08th January 2023 12:02 PM



India's Vinod Kumar Srinivasan and Kenya's Brigid Gerend Kimitawai won the full marathon titles in the men's and women's categories respectively at the 11th Chennai Marathon 2023 here on Sunday.

India's Vinod Kumar Srinivasan and Kenya's Brigid Gerend Kimitawai won the full marathon titles in the men's and women's categories respectively at the 11th Chennai Marathon 2023 here on Sunday. Srinivasan won the title with a timing of 2:37:28. Gyan Babu came second with a timing of 2:48:46 while Jagadeesan Munasamy was third in 2:57:39. In the women's section, Kimitawai topped the clock with a timing of 3:31:36.

India's Sandhya Shankar (3:33:57) finished second while Mamta Rawat (3:53:41) finished third. More than 20 thousand runners took part in this marathon in different categories. For the first time, 30 blind runners also made their debut while 50 blade runners and 50 wheelchair runners also participated. During the marathon, full marathon (42.195 km), perfect 20 miler (32.186 km), half marathon (21.097 km) and 10 km were organized in men's and women's categories.

<https://india.postsen.com/local/amp/221899>

Chennai Marathon: India's Vinod Kumar, Kenyan Kimitwai win men's and women's titles

By **IAN / BUSINESS NEWS**

January 8, 2023



Chennai, Jan 8 (IANS) Coimbatore's Vinod Kumar Srinivasan and Brigid Jerend Kimitwai of Kenya won the men's and women's full marathon respectively at the 11th Freshworks Chennai Marathon 2023, here on Sunday.

Srinivasan finished the race in a time of 02:37:28 to win the title while Gyan Babu (02:48:46) and Jegadheesan Munasamy (02:57:39) got the second and third places.



"This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. I am a part of the Covai-based Triumph Club. This is the fifth time I am participating in this marathon. It has only got better and better," said Srinivasan after the win.

"In 2018, I came 4th. In 2019, I came in 2nd place. In 2020, I was 3rd and now I have won the marathon. This is a result of my continuous training. I

trained for 3 months at Coonor at high altitude before coming here to participate," he added.

Meanwhile, Brigid Jerend Kimitwai won the women's title with a time of 03:31:36 as Sandhya Shanker (03:33:57) and Mamta Rawat (03:53:41) took the second and third place.

"This is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained for 3 months back home in Kenya and will be returning home next week," Kimitwai said after her win.

"I thought the marathon would be challenging but there was superb support all along the way and I faced no problems. The weather was pleasant and the run was enjoyable. I hope to come next year too," she added.

The Chennai Marathon 2023 saw over 20,000 enthusiastic runners participating across categories. Twenty thousand plus runners were cheered on by an enthusiastic crowd that had gathered at various points along the route of the marathon early this morning.

The 11th edition of the marathon saw several firsts including, over 20,000- plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners taking part.

The marathon comprised four events for men and women including, a Full Marathon (42.195 Km) — the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

<https://indiaonlinemart.net/chennai-marathon-indias-vinod-kumar-kenyan-kimitwai-win-mens-and-womens-titles/>



Vinoth Kumar Srinivasan and Brigid Jerend Kimitwai win the Freshworks Chennai Men's and Women's Full Marathon 2023 powered by Chennai Runners

January 8, 2023admin

Chennai, Sunday, January 8, 2023:

Vinod Kumar Srinivasan from Coimbatore won the Mens full marathon and **Brigid Jerend Kimitwai** from Kenya won the womens full marathon at the 11th edition of the event here today. **The Freshworks Chennai Marathon 2023 powered by Chennai Runners** saw over 20,000 enthusiastic runners participating across categories. Twenty thousand plus runners were cheered on by an enthusiastic crowd that had gathered at various points along the route of the marathon early this morning.

The full marathon and twenty miler both started from Napier bridge today morning at 4 am and was flagged off by **Dr. Jayanth Murali IPS (Retd)** and the Half Marathon that started from Olcott School Besant Nagar was flagged off by **Ma. Subramanian, Health Minister, Tamil Nadu**. The Commissioner of Police, **Thiru Shankar Jiwal, IPS**, flagged off the 10 km run.

A total of **Rs. 20,00,000/- (Twenty Lakhs Only)** was distributed as prize money this year to the winners in various categories. The 11th edition of the marathon saw several firsts including, over 20 thousand plus runners, 30 debutant runners with visual impairment, 50 blade runners and 50 wheelchair runners. Runners comprised professionals, passionate runners, teams from various corporates across Chennai, several important dignitaries from the corporate world and citizens participating for the first time ever.

In its 11th edition, the Freshworks Chennai Marathon 2023, powered by Chennai Runners, the largest running event in Chennai and the second-largest marathon in India, comprised of four events for men and women including, a Full Marathon (42.195 Km) – the flagship race of the event, the Perfect 20 Miler (32.186 Km), the Half Marathon (21.097 Km) and the 10 Km Run.

Vinoth Kumar Srinivasan, winner of the Mens Full marathon said, “This is my 30th marathon. I couldn't complete my first 10 marathons but then I slowly started improving with training. I am a part of the Covai based Triumph Club. This is the fifth time I am participating in this marathon. It has only got better and better. In 2018, I came 4th. In 2019 I came in 2nd place. In 2020 I was 3rd and now I have won the marathon. This is a result of my continuous training. I trained for 3 months at Coonor at high altitude prior to coming here to participate.”

Brigid Jerend Kimitwai, winner of the Women's Full marathon said, “this is the first time I have come to Chennai and this is my first ever marathon. I came here only for the marathon. I trained

for 3 months back home in Kenya and will be returning home next week. The marathon was organized very well and we were well looked after. I thought it would be challenging but there was superb support all along the way and I faced no problems. The weather was pleasant and the run was enjoyable. I hope to come next year too.”

Partners

Freshworks Chennai Marathon 2023 powered by Chennai Runners brought together a host of Chennai-based brands as partners. **Gold Winner** as Health Partner, **Baashyaam** as Lifestyle Partner, **Sundaram Finance Group** as Silver Partner, **Chennai Metro Rail Corporation** as Metro Partner, **Apollo Hospitals** as Medical Partner and **CR Volunteers** as First Responders.

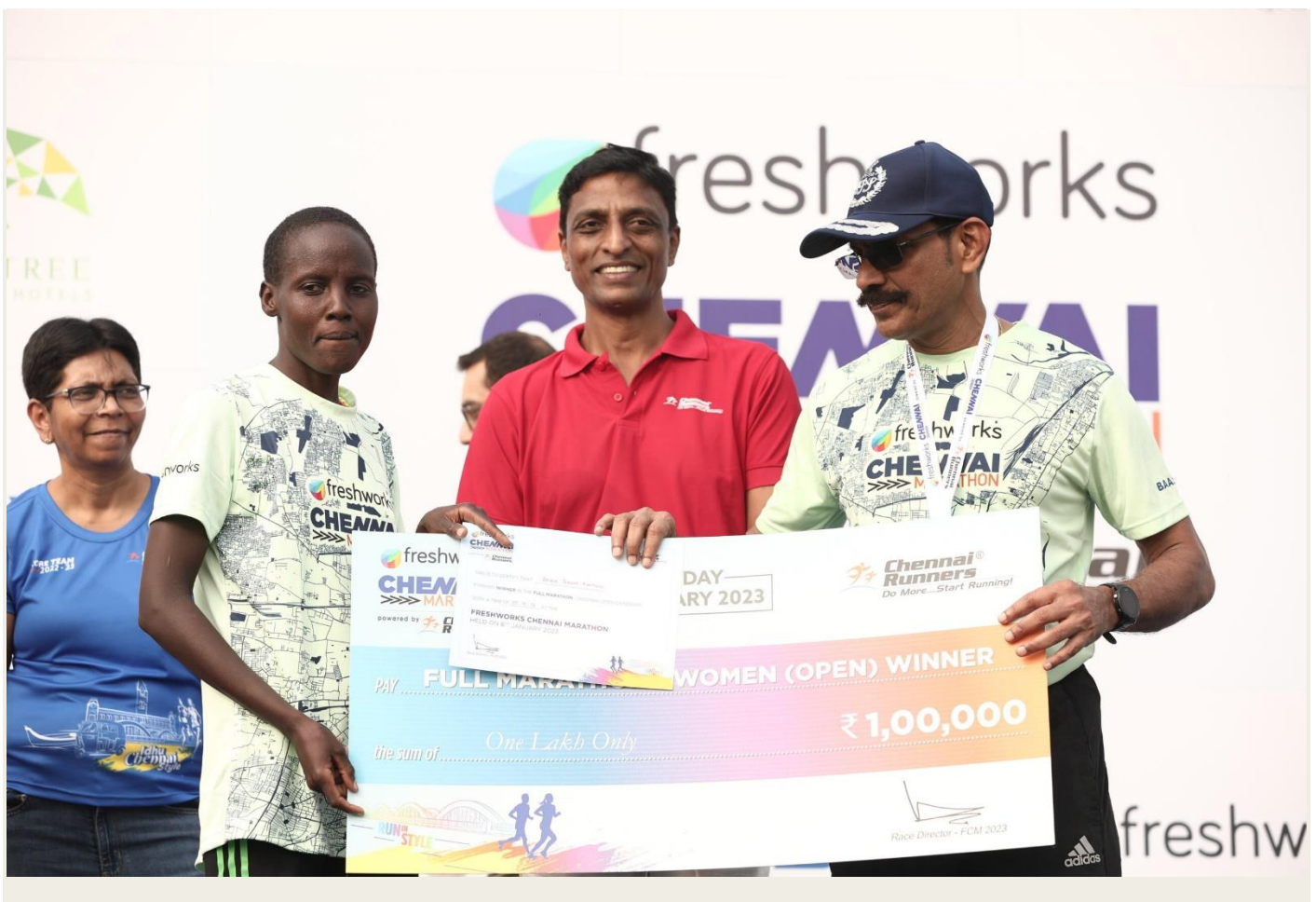
The Freshworks Chennai Marathon 2023 powered by Chennai Runners is a world-class event comparable with the best marathons around the world. This was the 11th edition of the Marathon and it has been growing in popularity and is now a very important event in the calendar of serious runners both nationally and globally. The organizational skills of the team, the smooth conduct of the event and top of the line technological & medical assistance are some of the reasons for its growing popularity.

<https://talk4city.in/vinoth-kumar-srinivasan-and-brigid-kerend-kimtwai-win-the-freshworks-chennai-mens-and-womens-full-marathon-2023-powered-by-chennai-runners/>



Vinoth Kumar Srinivasan and Brigid Jerend Kimitwai win the Freshworks Chennai Men's and Women's Full Marathon 2023 powered by Chennai Runners

Vrnewschennai January 8, 2023 3 min read



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<https://poremurasutv.com/vinoth-kumar-srinivasan-and-brigid-jerend-kimitwai-win-the-freshworks-chennai-mens-and-womens-full-marathon-2023-powered-by-chennai-runners/>



Vinoth Kumar Srinivasan and Brigid Jerend Kimitwai win the Freshworks Chennai Men's and Women's Full Marathon 2023 powered by Chennai Runners

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Kalkiwebtv January 8, 2023

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சென்னையில் மாரத்தான் 2023 தொடங்கியது.. எங்கெங்கு போக்குவரத்து மாற்றம்? முழு விவரம்

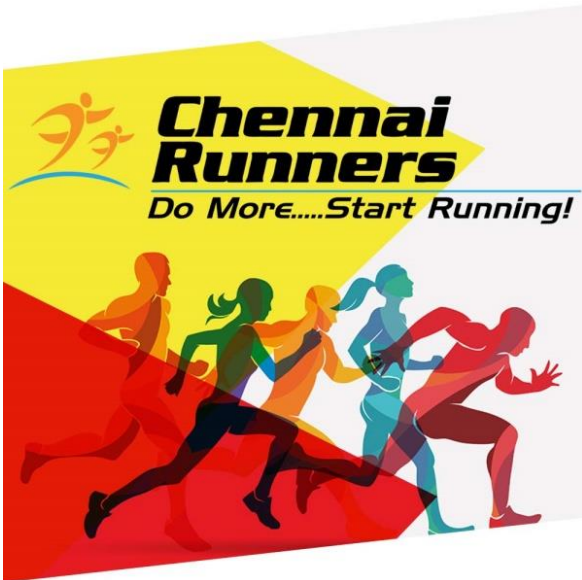
By [Vishnupriya R](#)

Published: Sunday, January 8, 2023, 7:05 [IST]

சென்னை: சென்னையில் மாரத்தான் போட்டிகள் நேப்பியர் பாலத்தில் தொடங்கியுள்ளன. இந்த போட்டியில் 20 ஆயிரத்திற்கும் மேற்பட்டோர் பங்கேற்றுள்ளனர். இந்த போட்டிகள் சர்க்கரை நோய் குறித்து விழிப்புணர்வு ஏற்படுத்துவதற்காக தொடங்கப்பட்டுள்ளது.

சென்னை மாரத்தானின் 11 ஆவது பதிப்பு இன்று தொடங்கியது. முழு மாரத்தான் (42 கி.மீ.), பெர்ஃபெக்ட் மைலர் (32 கி.மீ.), அரை மாரத்தான் 21 கி.மீ. மற்றும் 10 கிலோ மீட்டர் மாரத்தான் என 4 பிரிவுகளில் போட்டிகள் நடைபெற்று வருகின்றன.

போட்டியின் மொத்த பரிசுத் தொகை ரூ 20 லட்சமாகும். முதல்முறையாக இந்த போட்டியில் பார்வை குறைபாடுள்ள 30 வீரர்கள், 50 பிளேடு ஓட்டப்பந்தய வீரர்கள் மற்றும் 50 சக்கர நாற்காலிகள் ஓட்டப்பந்தய வீரர்கள் பங்கேற்றுள்ளனர்.



சென்னை ரன்னர்ஸ்

இந்த போட்டிகள் சென்னை ரன்னர்ஸ் சார்பில் நடத்தப்படுகிறது. இந்த போட்டிகளில் கலந்து கொள்ள ஆன்லைனில் பதிவு செய்வதற்கான கடைசி நாள் டிசம்பர் 15 ஆக அறிவிக்கப்பட்டிருந்தது. 10 கி.மீ. ஓட்டத்தில் பங்கேற்ற நுழைவு

கட்டணமாக ரூ 1,250 ஆகும். மற்ற 3 பிரிவுகளில் போட்டியிட ரூ 1.475 ஆக நிர்ணயிக்கப்பட்டுள்ளது.



சென்னை நேப்பியர் பாலம்

இந்த போட்டிகள் சென்னை நேப்பியர் பாலத்தில் இருந்து தொடங்கியது. இதில் 10 கிமீ. ஓட்டம் மட்டும் தரமணி சிபிடி மைதானத்தில் முடிவடைகிறது. மற்ற 3 பிரிவுகளின் பந்தயங்களும் ஈசிஆர் சாலையில் உள்ள உத்தண்டி இந்திய கடல்சார் பல்கலைக்கழகத்தில் முடிவடைகிறது. இந்த போட்டிகளில் அமைச்சர்கள் மா.சுப்பிரமணியன், மனோ தங்கராஜ் ஆகியோர் கலந்து கொண்டனர். அது போல் தமிழக டிஜிபி சைலேந்திர பாபுவும் இந்த போட்டியில் கலந்து கொண்டார்.



முக்கிய சாலைகளில் போக்குவரத்து மாற்றம்

சென்னையில் நடைபெற்று வரும் மாரத்தான் போட்டிகளையொட்டி முக்கிய சாலைகளில் போக்குவரத்து மாற்றம் செய்யப்பட்டுள்ளது. மத்திய

கைலாஷிலிருந்து வரும் வாகனங்கள் பெசன்ட் அவென்யூ சாலையில் அனுமதிக்கப்பட மாட்டாது. காந்தி மண்டபத்தில் இருந்து வரும் வாகனங்கள் உத்தமர் காந்தி சாலை செல்ல அனுமதி இல்லை. மத்திய கைலாஷ் காந்தி மண்டபத்தில் இருந்து வருவோர் எல்பி சாலை சாஸ்திரி நகர் வழியாக செல்லலாம்.



மாரத்தான் - சென்னையில் போக்குவரத்து மாற்றம்

பெசன்ட் நகர் 7வது அவென்யூவில் இருந்து வரும் வாகனங்கள் ஆல்காட் பள்ளியை நோக்கி அனுமதிக்கப்படாமல், எம்ஜி சாலையை நோக்கி திருப்பி விடப்படும். ஆர்.கே.சாலையில் இருந்து காந்தி சிலை நோக்கி வரும் வாகனங்கள் வி.எம்.தெரு சந்திப்பில் திருப்பி விடப்படும். அந்த வாகனங்கள் ராயப்பேட்டை நெடுஞ்சாலை, லஸ் கார்னர், ஆர்.கே.மடம் சாலை வழியாக தங்களது இலக்கை சென்றடையலாம்.



பெசன்ட் நகர் பேருந்து நிலையம்

மாநகர பேருந்துகள் மட்டும் பெசன்ட் நகர் பேருந்து நிலையம் செல்ல அனுமதிக்கப்படும் என்று சென்னை போக்குவரத்து காவல்துறை தெரிவித்துள்ளது. இன்று அதிகாலை 4 மணி முதல் காலை 9 மணி வரை தாம்பரம் மாநகர காவல் எல்லையில் போக்குவரத்து மாற்றங்கள் செய்யப்பட்டுள்ளன. சோழிங்கநல்லூர் சந்திப்பிலிருந்து, சென்னை நோக்கி செல்லும் அனைத்து வாகனங்களும் இடது புறம் செம்மொழி சாலையாக செல்ல வேண்டும். அதேபோல், மேட்டுக்குப்பம் ராஜ் நகர் சந்திப்பில் இருந்து சோழிங்கநல்லூர் செல்லும் வாகனங்கள் அனைத்தும் ராஜிவ்காந்தி சாலையில் வலது புறமாக செல்ல வேண்டும். மேலும், மேடவாக்கத்தில் இருந்து சோழிங்கநல்லூர் செல்லும் அனைத்து வாகனங்களும், வேளச்சேரி பிரதான சாலை பள்ளிக்கரணை வழியாக செல்ல வேண்டும் என்று தெரிவிக்கப்பட்டுள்ளது.

<https://tamil.oneindia.com/amhtml/news/chennai/chennai-marathon-2023-started-today-and-minister-ma-subramanian-participated-493380.html>